## Tier 1 PBIS Implementation in the Preschool Setting

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Northeast PBIS Network Leadership Forum

MAY 17-18, 2023

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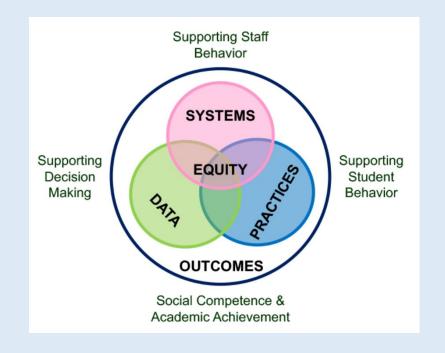
# Access Conference Program and Session Materials at NEPBIS.org





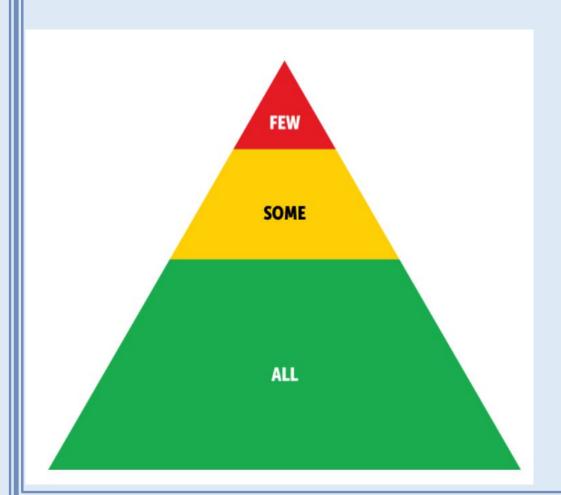
#### What is PBIS?

Positive Behavioral Interventions and Supports (PBIS) is an evidence-based, tiered framework for supporting *students*' behavioral, academic, social, emotional, and mental health. When implemented with fidelity, PBIS improves social emotional competence, academic success, and school climate.





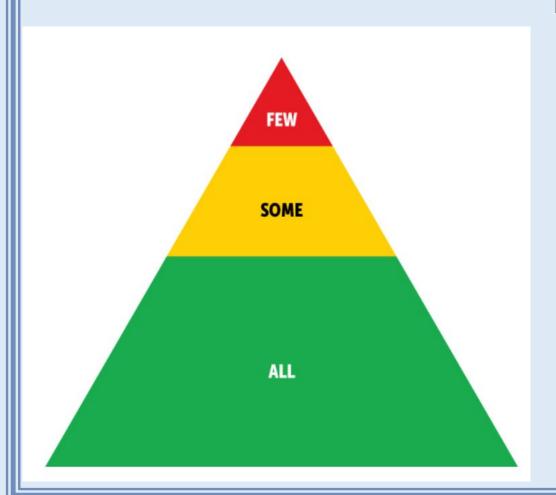
## TIER 1: Universal, Primary Prevention, ALL



Tier 1 systems, data, and practices support everyone – students, educators, and staff – across all school settings. They establish a foundation for positive and proactive support. Tier 1 support is robust, differentiated, and enables most (80% or more) students to experience success. Tier 1 practices include:

- Collaborating with students, families, and educators to define positive school/program-wide expectations and prioritize appropriate social, emotional, and behavioral skills
- Aligning classroom expectations with school/program-wide expectations
- Explicitly teaching expectations and skills to set all students up for success
- Encouraging and acknowledging expected behavior
- Preventing and responding to unwanted behavior in a respectful, instructional manner
- Fostering school/program-family partnerships

## TIER 2: Targeted, Secondary Prevention, SOME

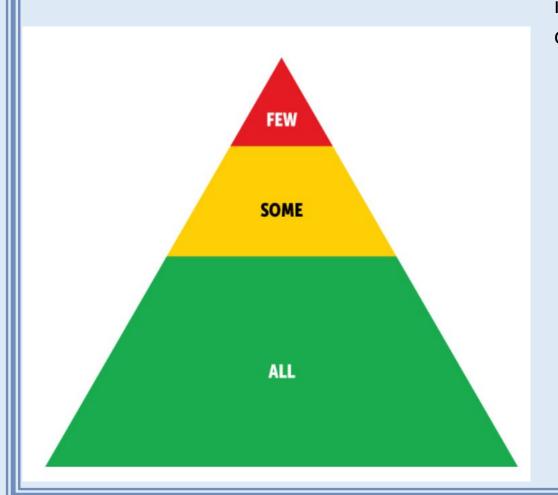


In addition to your Tier 1 foundation, students receiving Tier 2 supports get an added layer of systems, data, and practices targeting their specific needs. On average, about 10-15% of your students will need some type of Tier 2 support. The support you provide at Tier 2 is more focused than at Tier 1 and less intensive than at Tier 3. Tier 2 practices include:

- Providing additional instruction and practice for behavioral, social, emotional, and academic skills
- Increasing adult support and supervision
- Providing additional opportunities for positive reinforcement
- Increasing prompts or reminders
- Increasing access to academic supports
- Increasing school-family communication



## TIER 3: Intensive & Individualized, FEW



At most schools and programs, there are a small number (1-5%) of students for whom Tier 1 and Tier 2 supports have not been sufficient to experience success. At Tier 3, students receive more intensive, individualized support to improve their outcomes. Tier 3 supports are available to any student with intensive need, whether they receive special education services or not. Tier 3 practices include:

- Engaging students, educators, and families in functional behavioral assessments and intervention planning
- Coordinating support through wraparound and person-centered planning
- Implementing individualized, comprehensive, and function-based support

## Where to Begin

#### Getting a Team in Place

- The PBIS team consists of 2 paid coaches as well as volunteer members that can include any members of the school faculty
- The PIRT Team (Preschool Intervention and Referral Team) became the core team for reactive and proactive supports for student interventions
  - Team members include: general education and special education teachers, therapists, child study team members, and nurse.



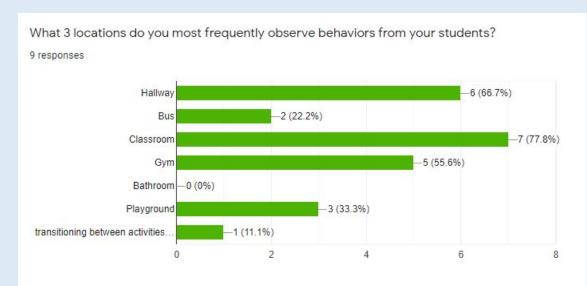
## **Staff Training**

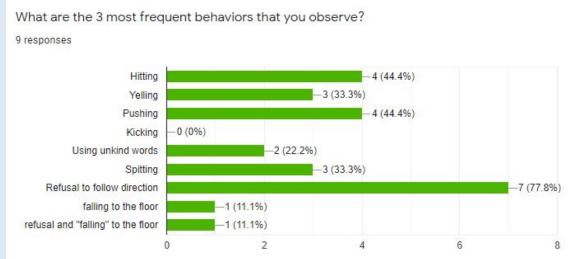
- Initial training for all staff focusing on the principles of PBIS
- Ongoing training takes place in September, prior to student arrival
- The entire school staff was trained including teachers, nurses, administration, para professionals, bus staff, office staff, CST and related services
- The PIRT Team (Preschool Intervention and Referral Team) became the core team for reactive and proactive supports for student interventions





## **Gathering Staff Input**





Initial surveys were taken to determine problem areas around the school and specific behaviors/expectations that needed to be targeted



## **Defining & Establishing Expectations**



- Once staff surveys are analyzed expectations are determined across all school environments including areas like the bathroom, gym, bus, playground and hallways
- If you determine a school mascot a great way to involve staff and students is to have a "naming contest" to choose the mascot's name

**Our PreK Expectations** 

#### Barkley Says....





Be Kind



Be Helpful



Be Safe





### **Be Kind**

#### Be Kind

Model ways/acknowledge kindness throughout the day. Recognize unkind actions and suggest alternatives.

Review the following concepts:

Accepting Others	Manners
Tolerance	Cooperative Play
Recognizing Others	Respecting Others
Feelings	Sharing
Being Fair	Helping





#### Be Safe

#### Be Safe

Teach safety rules throughout the daily routine including all areas of the school

Safe Sitting (e.g. criss-cross applesauce, bottoms on chairs, four on the floor)

Safe Transitions (e.g. lining up, walking to the right, hands off the walls)

Bathroom Safety (e.g. teaching about germs, covering mouths, washing hands)

Bus Safety (e.g. sitting, wearing seatbelt)

Drill Safety (e.g. staying quiet, following directions)

Playground Safety (e.g. feet first down the slide, sand in the sandbox)





## Be Helpful

#### Be Helpful

Model appropriate self help skills, teach responsibilities and cleanliness.

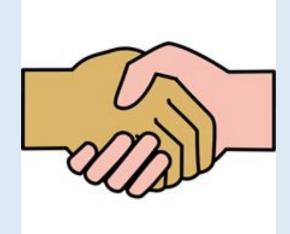
Self Help Skills (e.g. bathroom, backpack care)

Follow Classroom Routines (e.g. snack, centers, circle)

Give Back to the Community (e.g. toy drive, mitten drive, give a smile)

Helping Teachers/Friends (e.g. sharing, cleaning up)

Keep our School Clean (e.g. buses, classrooms, playground, gym)





#### **Oh Barkley Theme Song**



A school specific theme song was created and is played at school wide pep rallies, assemblies and before weekly ticket drawings.





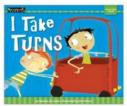














**Newmark Learning Author: Stacey Sparks** 

#### "Clean Up Everybody"

A PBS Lesson on Being Helpful

PBIS Lesson Plan and Suggested Activities

#### OVERVIEW & PURPOSE

Students will be able to recognize and/or demonstrate how helping to clean up is a way to be helpful in their classroom, home and general school community.

No matter what we do as teachers everything falls back on us teaching students the most important characteristics that will get them through their adult years. When you are in the classroom modeling "helpful" behavior is often the best way to teach it.

Ways we can model "helpful" behavior:

- -helping clean up toys, whether you made the mess or not
- -hold the door for friends
- -pick up a crayon or toy a friend may have accidentally dropped
- -helping the teacher pass out napkins at snack or lunch time

#### OBJECTIVES

- 1. Students will learn about how cleaning up is an act of being helpful.
- 2. Students will begin to explore other ways they can be helpful

#### ACTIVITY

Staff will read the story "Clean up, Everybody" either in a large or small group setting. Before beginning have a general discussion with students about why they think it is important to clean up. As you read through the story talk about the actions of the children in the story. Cleaning up is a "helpful" act in the classroom that is not only helpful to your teachers but to other students as well. Talk to students about ways in

Initial lesson plans for each expectation were provided to all staff along with preschool age appropriate books to provide direct teaching to students.

Link



## School Wide Reinforcement System

Signage is posted at the entrances to behavior hotspots. School wide assemblies help to showcase the right behaviors in an age appropriate presentation.









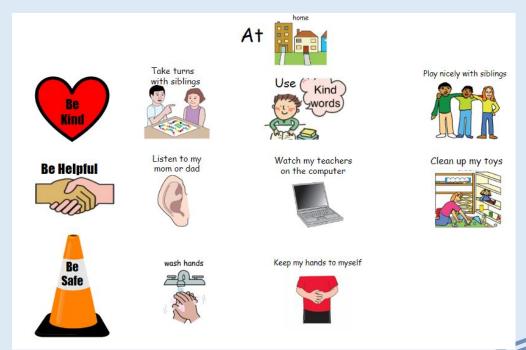




## **Beyond School Reinforcement System**

Signage is posted on the bus and sent home! Bus drivers and parents are able to give out Barkley bones!

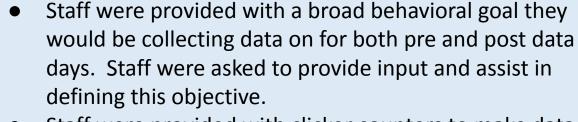




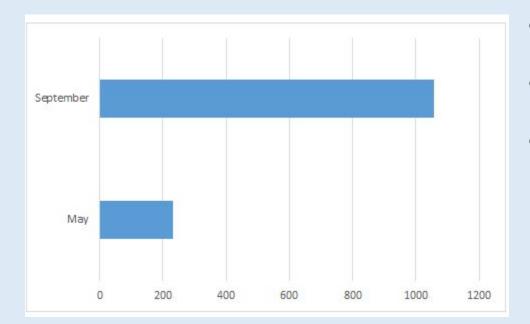




## **Data & Fidelity**



- Staff were provided with clicker counters to make data collection quick and easy.
- Data was collected for both special and regular education students in the building.
- Our behavioral goal was "instances of non-compliance when given a direction"
- 78% decrease was observed in one year!





## Reinforcing School Wide Expectations

A few times a year PBIS coaches, volunteers and of course our school mascot Barkley get together in hot spot areas to demonstrate the expectations. Here are a few pictures of Barkley demonstrating what NOT to do on the playground.





















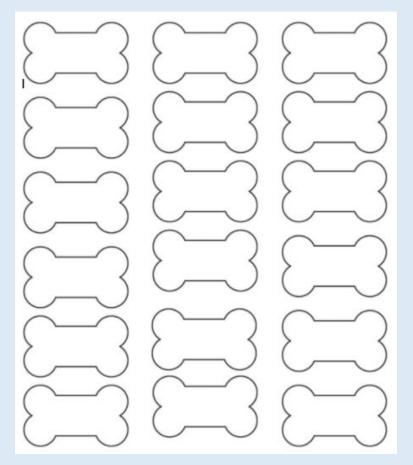








### **Individual Reinforcement Systems**



Each teacher is given a blank copy of "dog bone" tickets to personalize for each of their students



To create independence, teachers pair each student's picture with their personalized bones placed behind. This allows for students to independently retrieve a bone when earned and then each bone is placed in the classroom dog bowl.







Each teacher is given the opportunity to pick a weekly classroom ticket winner either at random or specifically chosen. Ticket winners are announced over the loudspeaker every Friday afternoon. Ticket winners are visited by the school mascot and presented with a prize and a PAW Prize winner sticker. Each winner's picture is displayed on the weekly winners bulletin board under their teacher's name.



#### And the Winner is...



Students look forward to the weekly calling of classroom ticket winners!







## And Your PAW Prize Winners For This Week Are...





### Reinforcement Systems

At the end of each week classes are asked to dump their classroom dog bowls into their individual classroom bins that are displayed in the hallway. These bins are a great visual for staff and students to compare how they are doing.

- Random tickets are pulled to allow for staff recognition. The more tickets a staff member gives out the greater chance they have to be recognized.
- Staff prizes may include an extra prep, small gift cards, privileged parking or early release.
- The class with the most bones at the end of the week is awarded a dance party with the school mascot.







#### **Classroom Reinforcement Systems**

Teachers are given blank posters to customize for their specific classroom needs

In the classroom



Be Helpful





Teachers are given a blank dog bone piles that they have their students decorate for classroom personalization. Upon filling their bowl, the class gets a reward.







## Initiatives to Help Support PBIS in Our School...

PBIS has helped to support various activities and equipment in the school community by running Barkley's Snack Sale. Twice a month order forms are sent home allowing students to purchase snacks from the snack cart. Snack Packs are sold on early dismissal days. These funds are funneled directly back to the school. These funds have bought ticket winner prizes, playground equipment and assemblies for the school.











Activities
Funded
by
Barkley's
Snack
Sale...















## NJ Benchmarks of Quality/ Tiered Fidelity Inventory

The BoQ provides teams with an opportunity to reflect on the various elements of implementation so that you can celebrate success and pinpoint areas for future planning.

The 21-22 assessment helped identify those features of implementation that have been most durable and those that you may need to plan for in future implementation.

Why? To provide universal teams with an opportunity assess and reflect on implementation activities to influence future action planning

Who? At least 6 universal team members and administrators submit an individual response to the BoQ assessment.



## NJ Benchmarks of Quality/ Tiered Fidelity Inventory

In Place: Items that you were able to consistently sustain through the school year, with minor adaptions that did not substantially impact fidelity or continuity.

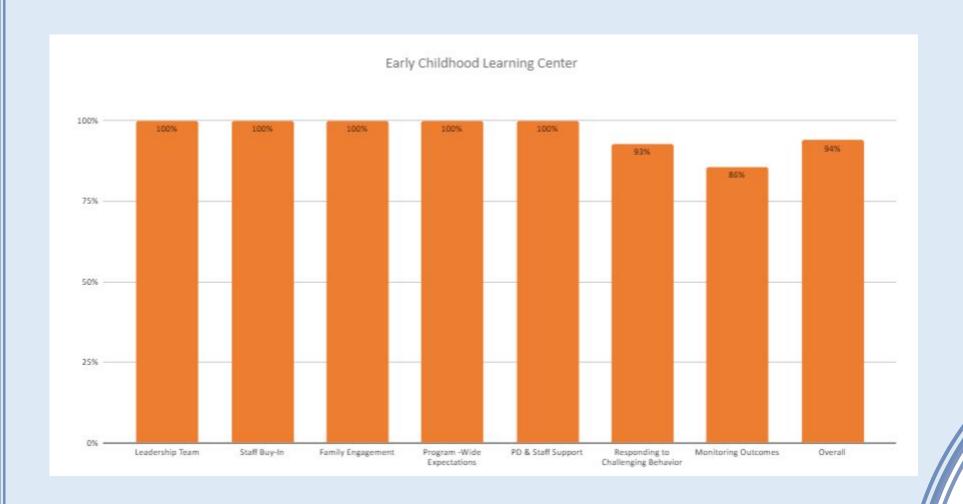
Partially In Place: Items that were inconsistently implemented; or items that only some features were implemented

Not in Place: Items that were not-implemented this year

NJPBIS recognizes schools with implementation fidelity of scores of 70% or higher.



## Benchmarks of Quality/TFI Results 21-22





## Updated BoQ/TFI 3.0 for 22-23

The purpose of the PBIS Tiered Fidelity Inventory (TFI) 3.0 is to provide a valid, reliable, and efficient measure of the extent to which school personnel are applying the core features of school-wide positive behavioral interventions and supports (SWPBIS). It was revised to prioritize content related to the <a href="integration of mental health supports">integration of mental health supports</a>, equity, and classroom <a href="implementation">implementation</a> and to better align with current guidance and training content available through the national Center on PBIS. Additionally, the TFI 3.0 includes an expanded, 5-point scale (with indicators) to support teams as they raise the bar.



#### **CLASSROOM IMPLEMENTATION OF PBIS**

#### 1.9 Schoolwide Practices used in Classrooms:

Educators implement foundational Tier 1 practices (explicitly teach, prompt, and review schoolwide expectations as described in 1.4; implement schoolwide acknowledgements as described in 1.5; and respond to challenging behavior as described in 1.7) across all classroom locations and routines and integrate these supports within all academic and SEB instruction in a culturally responsive manner.

#### 1.10 Classroom Practices:

Educators consistently and equitably implement positive and proactive classroom practices--including building relationships with students; developing a safe environment; prompting predictable routines and expected behavior; actively providing OTRs, active supervision, and specific feedback (i.e., specific praise and supportive corrections); and ensuring a high ratio (≥ 5:1) of positive to corrective feedback.



#### **CLASSROOM IMPLEMENTATION OF PBIS**

#### This is a <u>revised</u> TFI 3.0 item:

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#### This is a <u>new</u> TFI 3.0 item:

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### TFI 2.1, Score 2: (Fully implemented)

Classrooms are formally implementing all core Tier 1 features, consistent with school-wide expectations

#### TFI 3.0, Score: 4 (Fully implemented)

Almost all (>80%) educators are consistently implementing all foundational Tier 1 practices (schoolwide expectations, acknowledgements, and responses) in a culturally-responsive manner in the classroom and most (>61%) educators report integrating these supports within academic and SEB instruction.



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TFI 3.0 Score: 2

**Some (40-60%)** educators consistently and equitably implement positive and proactive practices.

TFI 3.0 Score: 3

Most (61-80%) educators consistently and equitably implement positive and proactive practices.

TFI 3.0 Score: 4

Almost all (>80%) educators consistently and equitably implement positive and proactive practices.





## Session Evaluation

Your feedback is critical to future planning of this event.

PLEASE take a moment to share your valuable insight!

THANK YOU!



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