Answering the Why, What and How of Getting Started with PBIS

Nicole Peterson and Karen Robbie



NEPBIS Northeast Positive Behavioral Interventions and Supports



Session Agenda

- Why PBIS?
- What is PBIS & Getting started
- Choose your own Adventure!

Who's Here?

Introduce yourself with the following information:

a. Your name and current position
b. Your relationship with PBIS (e.g., coach? PBIS team member? District leader?
c. What does PBIS currently look like at your

school/district?

Why PBIS?

WHY SWPBIS?

"Getting tough" doesn't work

Context matters

Schools asked to do more with less

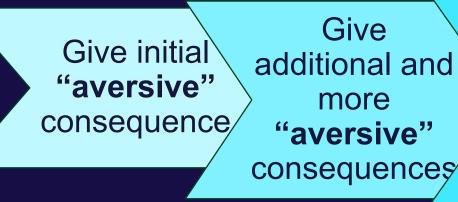
SWPBIS provides a framework to promote equity

SWPBIS Works

Think about a student who has engaged in challenging behavior.

How did adults respond?

Immediate & seductive solution... "Get Tough!"



Increase intensity, frequency, and duration of **"aversive"** consequences False sense of safety and security!

- Fosters environments of **control**
- Triggers & reinforces antisocial behavior
- Shifts accountability
 away from school
- **Devalues** child-adult relationship
- Weakens relationship between academic & social behavior programming



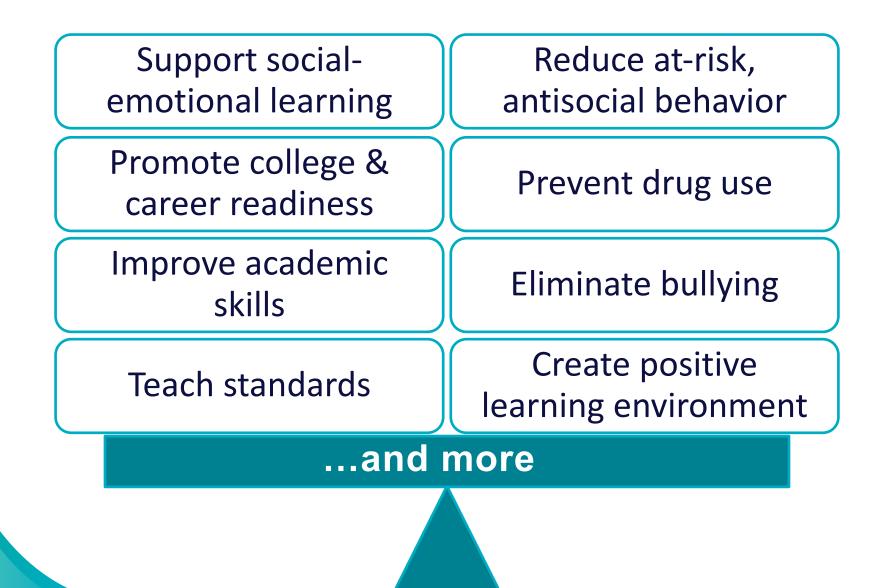
The power of PBIS is not in the rewards, it is in the teaching!

positive feedback

Successful individual student behavior support is linked to host environments or school climates that are effective, efficient, relevant, & durable.

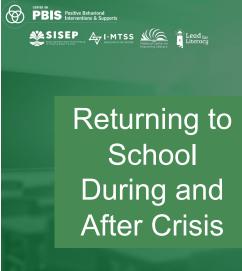
(Zins & Ponti, 1990)

Competing Goals with Limited Time





PBIS provides an evidence-based framework for addressing ongoing needs



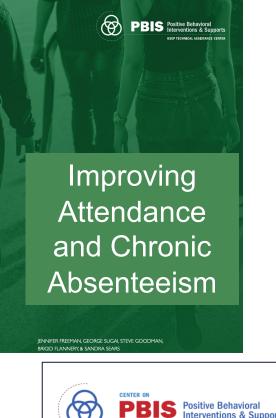
CENTER ON POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS

revised March 2021



Discussing Race, Racism and Important Current Events

July 2021



ଚ୍ଚ PBIS Positive Behavioral Interventions & Supports PBIS HIGH SCHOOL **IMPLEMENTATION:** Supporting College and Career Readiness

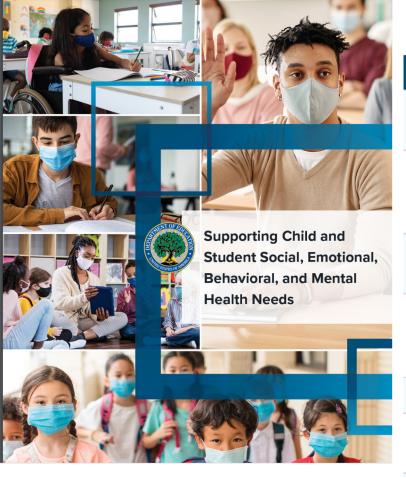
March 2, 2021

ıh

PBIS Positive Behavioral Interventions & Supports

Building a Culture of Staff Wellness

Schools everywhere are facing teacher shortages due to a shrinking pool of applicants and a growing number of teachers leaving the profession. If we are going to attract and retain highly gualified effective teachers, we will need to be more intentional in designing systems that support a healthy workforce. PBIS has a long tradition of creating effective teaching and learning environments by focusing on supporting adult behavior through (a) ongoing staff input and feedback, (b) ongoing professional learning, and (c) a phased based approach to implementation. The purpose of this brief is to provide recommendations to district and school leadership teams on how the components of the Positive Behavioral Interventions and



Challenges

- 1. Rising Mental Health Needs and Disparities Among Children and Student Groups
- 2. Perceived Stigma is a Barrier to Access
- 3. Ineffective Implementation of Practices
- 4. Fragmented Delivery Systems
- 5. Policy and Funding Gaps
- 6. Gaps in Professional Development and Support
- 7. Lack of Access to Usable Data to Guide Implementation Decisions

Recommendations

- 1. Prioritize Wellness for Each and Every Child, Student, Educator, and Provider
- 2. Enhance Mental Health Literacy and Reduce Stigma and Other Barriers to Access
- 3. Implement Continuum of Evidence-Based Prevention Practices
- 4. Establish an Integrated Framework of Educational, Social, Emotional, and Behavioral-Health Support for All
- 5. Leverage Policy and Funding
- 6. Enhance Workforce Capacity
- 7. Use Data for Decision Making to Promote Equitable Implementation and Outcomes

We need to start with designing a positive school environment where the majority of social-emotional-behavioral needs are met.

Significant Predictors of Equitable Outcomes



Data-based decision making

Tobin & Vincent (2011)



Classroom PBIS Systems

Tobin & Vincent (2011)



Formal reward systems

Barclay (2017), Tobin & Vincent (2011)

PBIS centers equity in all decisions...

Throughout your training and implementation,

- Access
- Representation
- Meaningful Participation
- Positive Outcomes

will be highlighted as well as the *systems* needed to promote and sustain equity for each and every individual.



Educational systems cannot not be considered effective until they are effective for all student groups. PBIS provides an ideal framework for increasing equity in student outcomes. Research shows that schools implementing PBIS with fidelity have greater equity in school discipline, specifically for African American students. However, PBIS teams may need to include equity-focused strategies in their action plans to achieve equitable outcomes for all student groups.

What Is Equity?

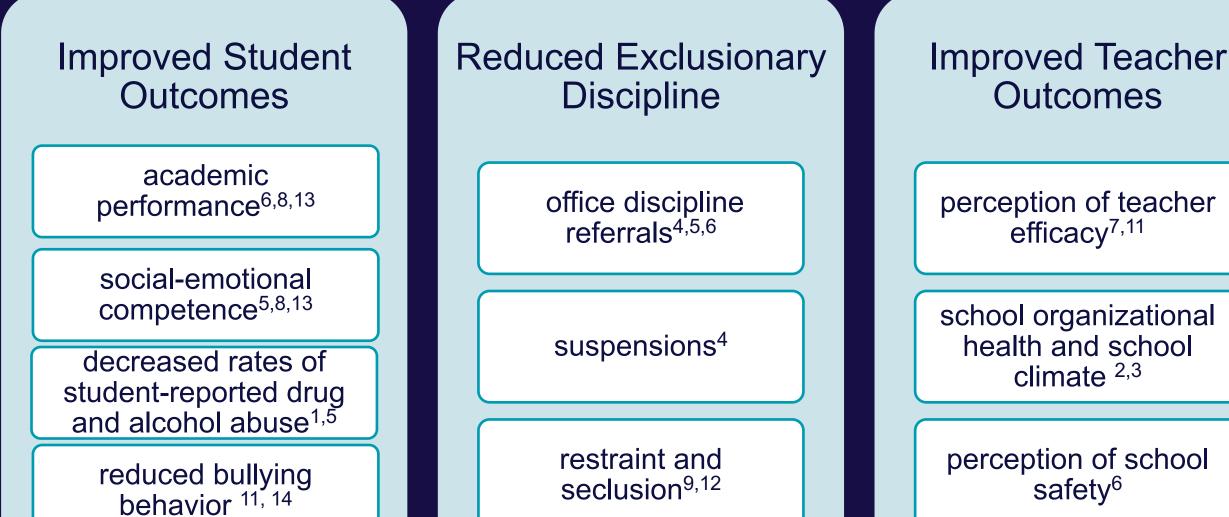
In education, equity is "when educational policies, practices, interactions, and resources are representative of, constructed by, and responsive to all people such that each individual has access to, can meaningfully participate, and makes progress in high-quality learning experiences that empowers them towards self-determination and reduces disparities in outcomes regardless of individual characteristics and cultural identities." [1][2]

Why Address Equity?

There are different aspects of equity in education, such as academic achievement or placement in special education or gifted and talented programs. In PBIS, the most common outcome is equity in school discipline, or the reduction of risk for exclusionary discipline such as, office discipline referrals and suspensions based on individual characteristics like race/ethnicity or special education status.

Foundational Elements of Equity in PBIS

PBIS Works!



¹Bastable, Kittelman, McIntosh, & Hoselton, 2015 + ²Bradshaw, Koth, Bevans, Ialongo, & Leaf, 2008 + ³Bradshaw, Koth, Thornton, & Leaf, 2009 + ⁴Bradshaw, Mitchell, & Leaf, 2010 + ⁵Bradshaw, Waasdorp, & Leaf, 2012 + ⁶Horner et al., 2009 + ⁷Kelm & McIntosh, 2012 + ⁸Lewis, 2017 + ⁹Reynolds et al., 2016 + ¹⁰Ross & Horner, 2009 + ¹¹Ross, Romer, & Horner, 2012 + ¹²Simonsen, Britton, & Young, 2010 • ¹³Tobin, Horner, Vincent, & Swain-Bradway, 2012 • ¹⁴Waasdorp, Bradshaw, & Leaf, 2012

safety⁶

What is PBIS?

PBIS is...

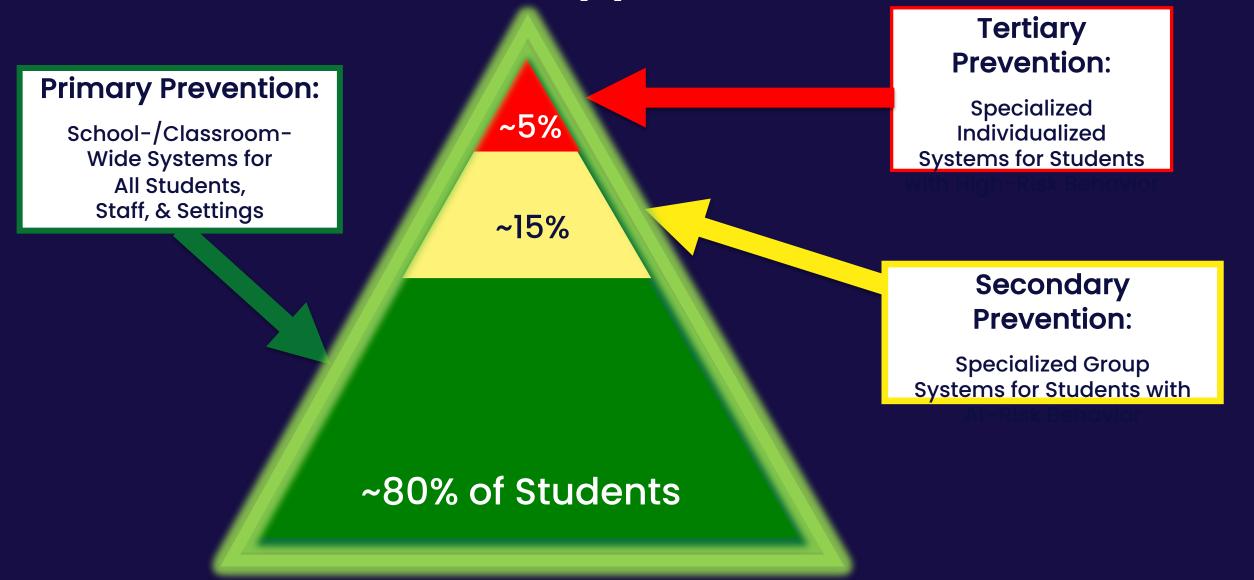
Framework for enhancing adoption & implementation of

Continuum of evidence-based interventions to achieve

Academically & behaviorally important **outcomes** for

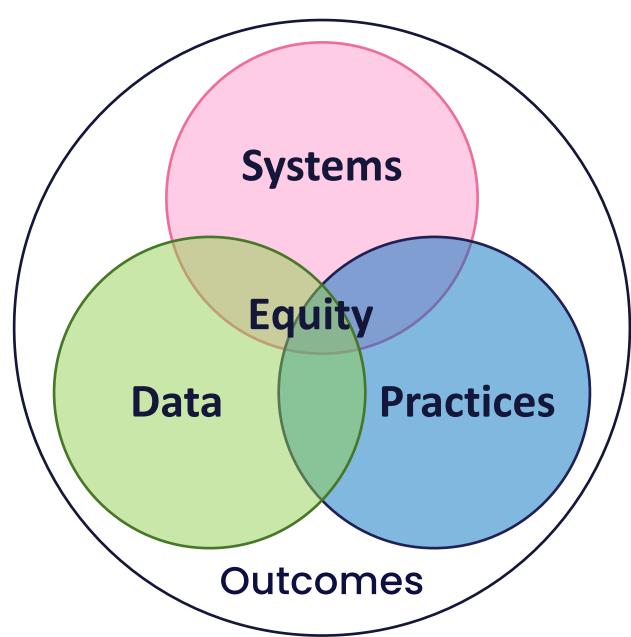
All students

Continuum of School-Wide Instructional & Positive Behavior Support



Critical Features of PBIS

Critical Features of PBIS



The look, feel and sound of PBIS should vary based on contexts and learning histories of students, staff, and family members!



Promotes Engagement Supports Relevance & Equity

Improves student outcomes

TEAM COMPOSITION



System Coordinators (Coaches)



Administrator

Grade/Department Representatives

Specialists

Special Educator, Counselor, School Psychologist, Social Worker, etc.



Support Staff

Office, Supervisory, Custodial, Bus, Security, etc.

Parent/Family Members

Systems

Represented by non-staff members



Community Members Mental Health Providers, Businesses



Students



Develop a brief statement of purpose & define outcomes

Practices

What do we hope to achieve by implementing PBIS?

"Our mission is to provide a positive, safe, healthy, nurturing and respectful environment in which all students have the opportunity to become productive members of society."

"As a result of implementing PBIS during the 20XX-20XY school year, student reports of school climate will improve by 20%."

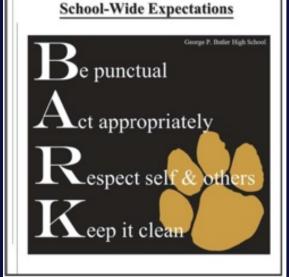


Identify positive school-wide behavior expectations

Practices



Attract what you expect, reflect what you desire, become what you respect, mirror what you admire.





Develop procedures to teach school-wide expectations 4 **Practices** SETTING Teaching Library/ varoun Cafeteria All 2. NATURAL CONTEXT Matrix Hallways Assembly Bus Settings Define Be on task. Respect Give your food. Study. Sit in one Watch for best effort. Walk. Select read. Have a plan. your stop. spot. Ourselves Be healthy compute. prepared. foods. **Evaluate Teach** Respect Be kind. Use normal Play safe. Listen/watch Use a quiet Hands/feet Others Use voice. 3. BEHAVIOR EXAMPLES to self. appropriate Stay in your Help/share applause. seat. with others. right. Respect Push in Replace 1. SOCIAL SKILL Wipe your Property trays & chairs. Pick up. feet.

Sit

appropriately.

Monitor

Prompt

utensils.

Clean up

eating area.

after self.

physical

space.

Put litter in

garbage can.

Treat

books

carefully.

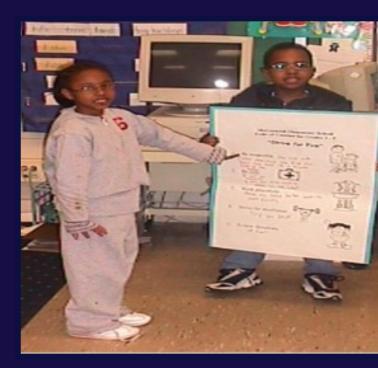
Treat chairs

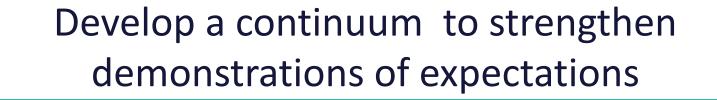
appropriately

Develop procedures to teach class-wide expectations

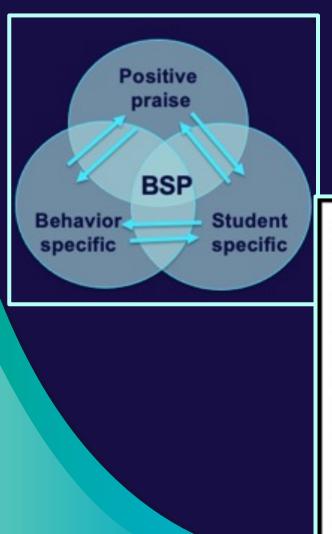
Practices

Lincoln Lakers	ALL		Classroom Procedures/Routines				
are	Classrooms	EXPECTATIONS	Class-Wide	Arrival	Cooperative Learning Groups	Independent Seat Work	Whole Group
			Attention Signal: Hollah Back! When I say, "Hollah", you say "Back"				
Respectful		Be Respectful	•Use kind words & actions •Use appropriate	 Enter/exit classroom prepared Use inside voice 	 Listen to others Accept differences Encourage 	 Use quiet voice Keep your materials in your work area. 	 Eyes/ears on speaker Raise hand to speak
Respect			voice level		Others • Wait your turn to speak		Contribute to learning
Responsible	• Always to	Be Responsible	•Follow adult directions •Take care of materials/equip	 Place materials in correct area Begin warm-up promptly 	Use Time Wisely Contribute Complete your part	Be a TASK master Use your neighbor Follow	 Follow directions Take notes Meet your goals
	on time	TELCH	ment			directions	goals
Safe	• Use equip	Be Safe	•Keep hands, feet & objects to self •Use all equipment & materials appropriately	• Walk	 Use Materials Carefully Stay in your designated area 	Keep hands, feet, and objects to self Keep 6 feet on the floor Keep track of you materials	 Stay at seat Keep hands, feet, and objects to self Put all materials not in use in desk

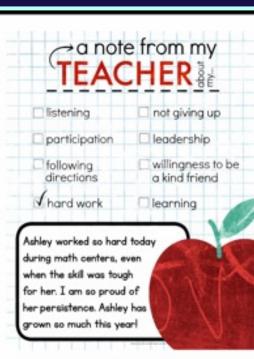




Practices



6

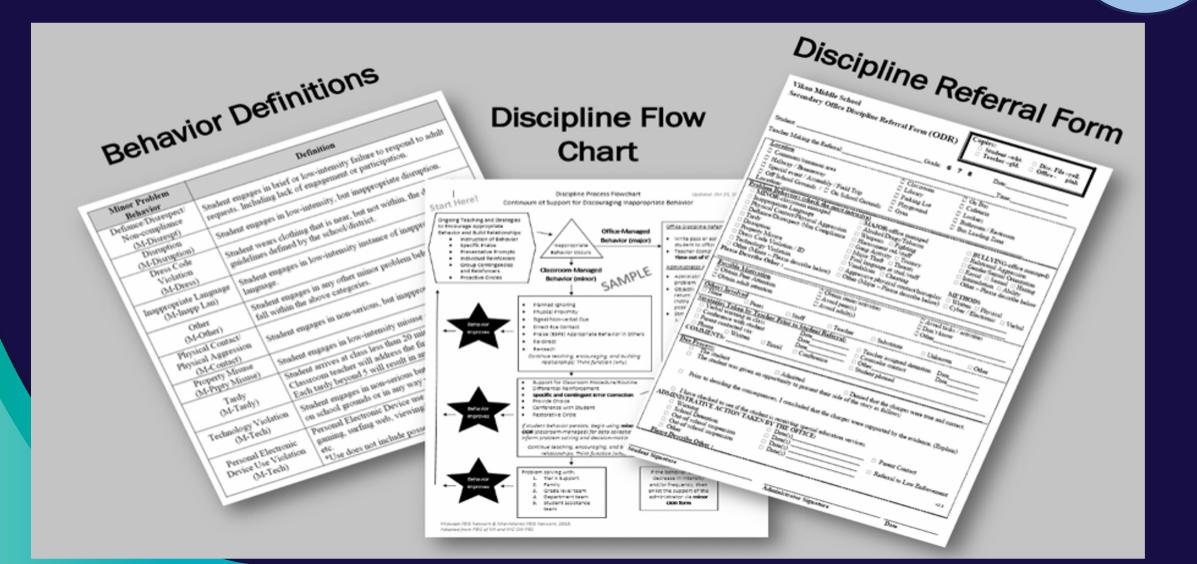


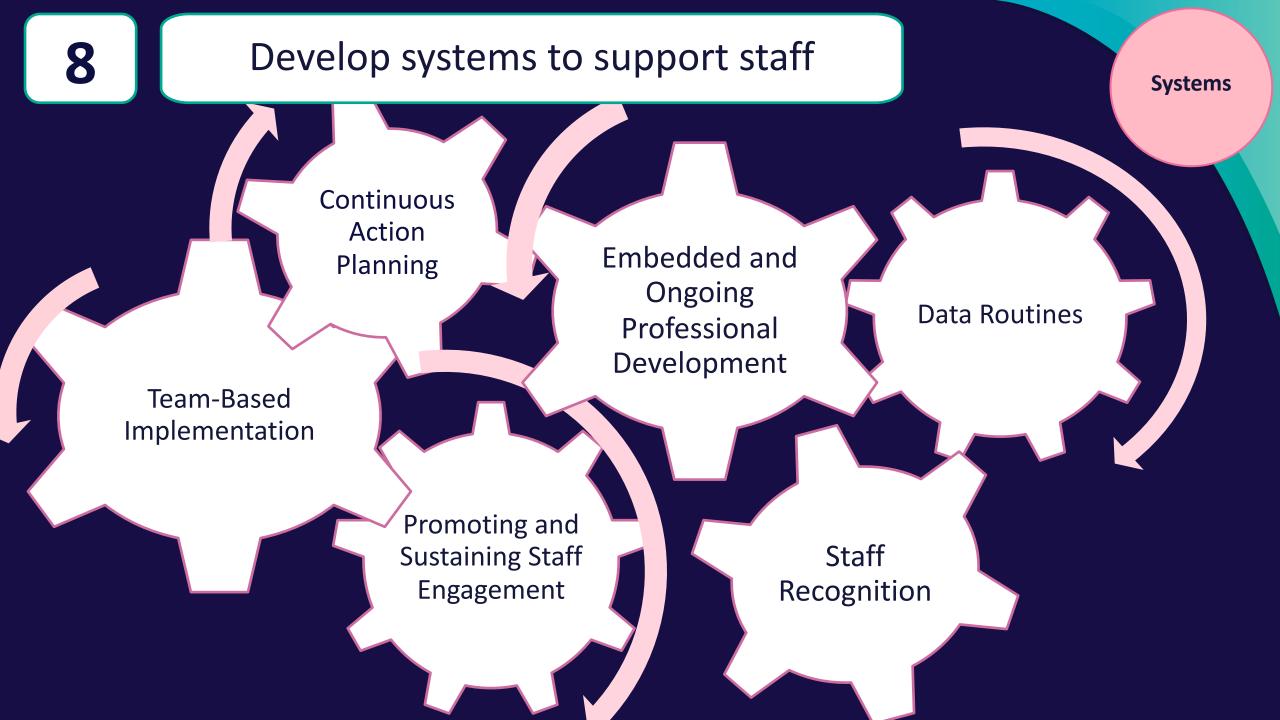


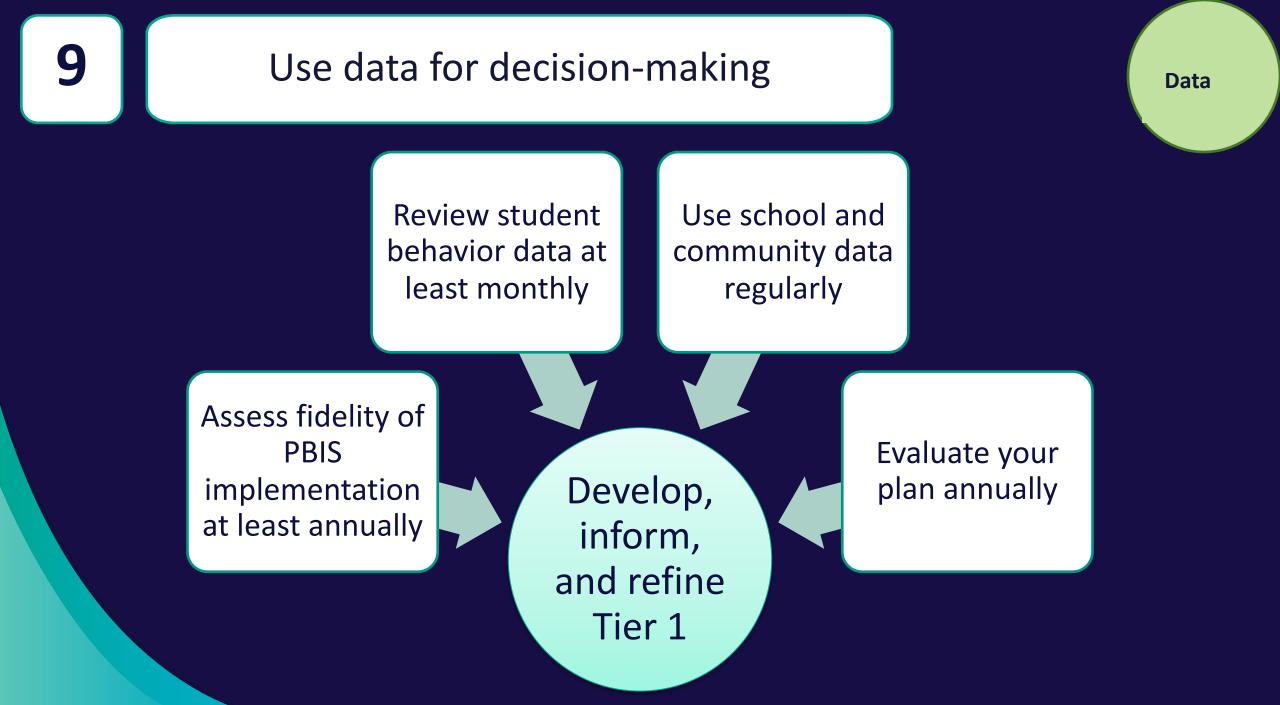


Develop a continuum to discourage violations of expectations

Practices





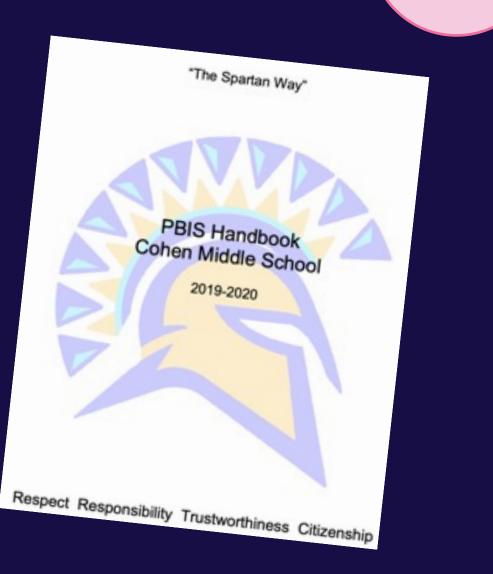




Promote sustainability







Choose Your Own Adventure!

Which topic would you like us to focus on next?

A. Increasing Buy-in (staff, students, community)

B. Recognition Strategies for Students/Staff (including how to finance it!)

C. Deeper Data Dive (tools and resources)

D. Teaming at Tier 1

Increasing Buy-in

Staff Engagement is Critical for Implementation!

- significant factor driving sustaining implementation (McIntosh et al., 2013)
- top thing that makes everything fall apart when it was missing (Pinkelman et al., 2015)
- lack of staff buy-in most commonly reported reason for abandonment (Kittleman et al., 2020)

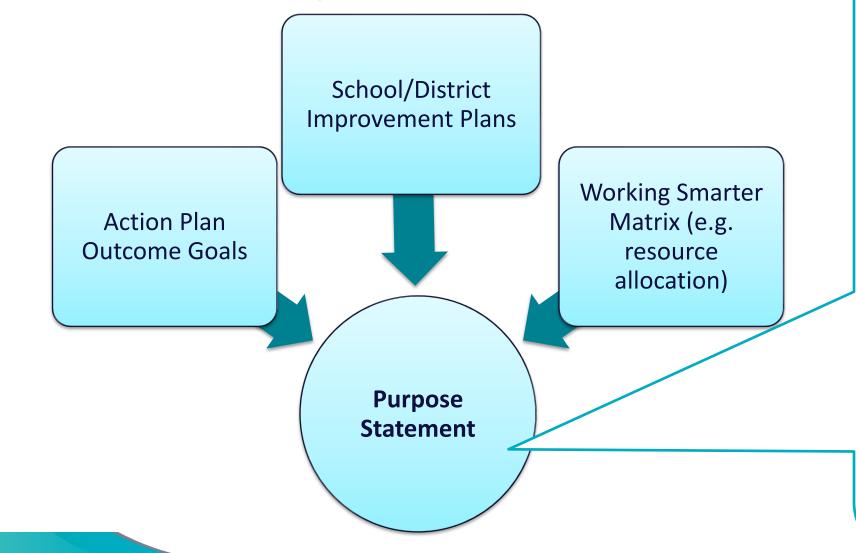
Strategies to Promote and Sustain Staff Engagement

Share data to support initial and continual need for PBIS

Continually engage staff, student and family voices in co-designing and actively revising the framework

Develop a common purpose

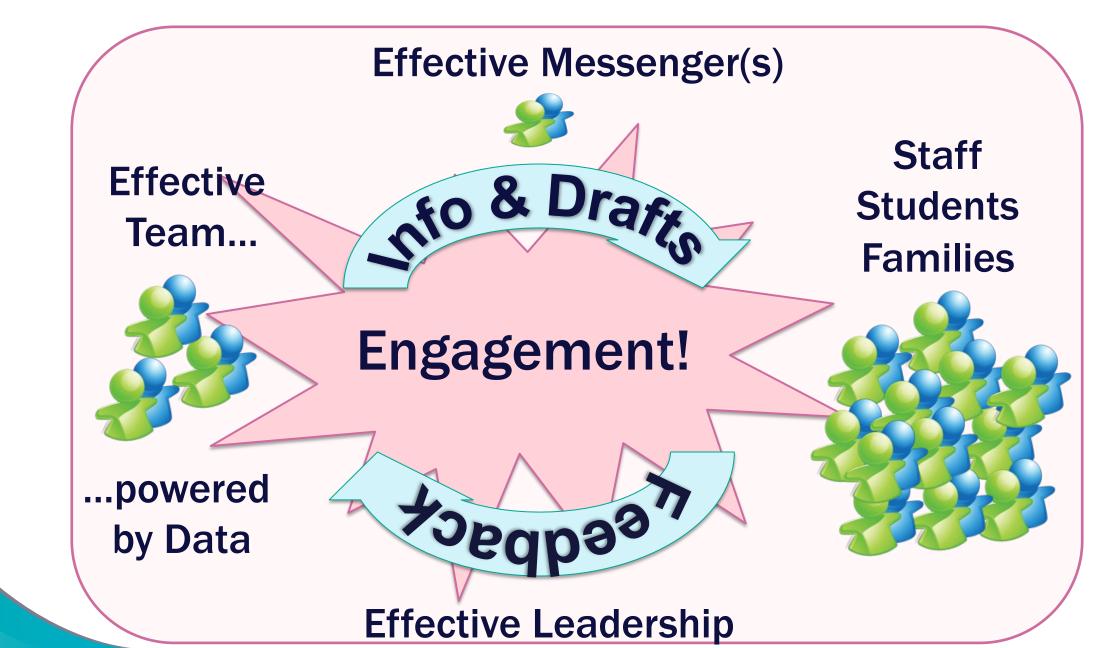
Purpose statement identifies WHY vou are implementing PBIS at your school



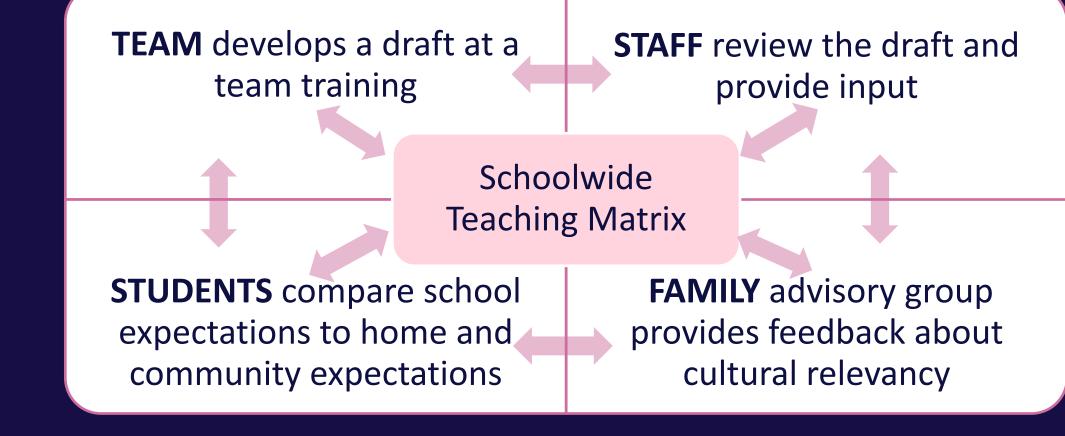
Does your purpose statement accurately reflect your school improvement goals?

Can school community members identify how PBIS supports your school improvement goals?

Continuously engage vested partners



Engage vested partners by co-designing and revising features based on data



Similar process is completed for other features (acknowledgement, flowchart, etc.)

Share relevant data with staff often and

The factor most related to high sustainability of PBIS...

The frequency data is shown to all staff! (Pinkelman et al., 2015)



ODR Data

- Average per day/month
- Location
- Risk ratio

School Climate Survey Data

- Student
- Staff
- Families

MORE TO COME

Fidelity Data

- TFI scores
- % of staff/students able to identify expectations
- % of classrooms with expectations teaching matrix posted

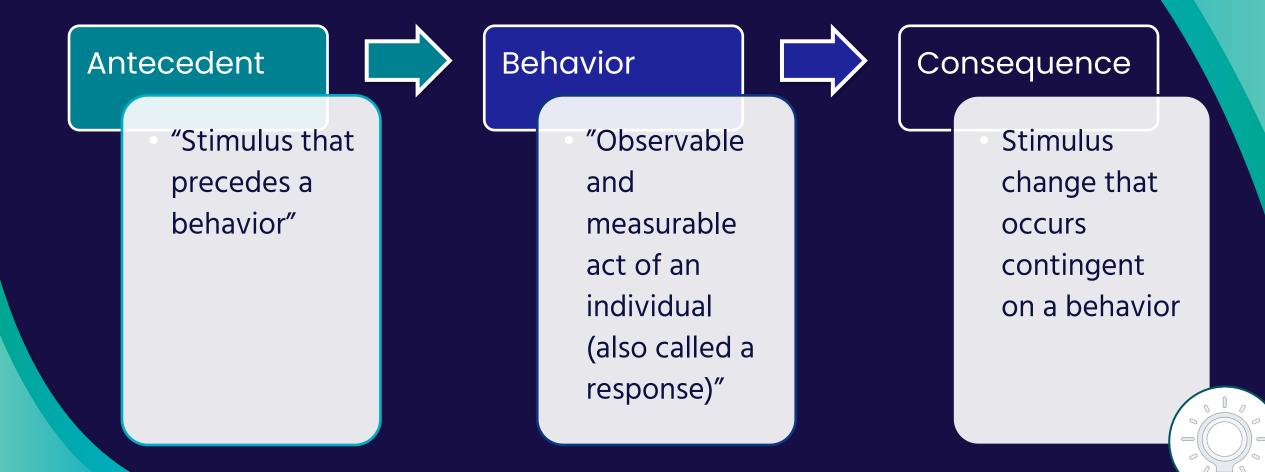
Guidelines for Staff Engagement

- Use data to establish need
 - Self-assessment
 - Baseline discipline/behavior/climate data
- Maintain an effective team with active administrator participation
- Present information in clear and efficient way(s)
- Obtain and incorporate feedback on all elements of SWPBIS from staff
- Start small and demonstrate success



Recognition Strategies for Students/Staff

BUILDING BLOCKS OF BEHAVIOR: Three Term Contingency



Behavior is likely to occur again when it is reinforced...

When a student experiences something desirable following a **behavior**, that behavior is **strengthened** and **more likely to occur** again.

If a student is <u>given verbal praise for</u> <u>persisting</u> with a difficult assignment, the student is <u>likely to persist on</u> later difficult assignments. If a student is <u>removed from the classroom</u> <u>after refusing to do a difficult assignment</u>, the student will <u>likely act up later</u> when he does not want to (or cannot) complete work.

We need to be intentional about which behaviors are reinforced!

Praise is perhaps the most powerful and important type of acknowledgement. Therefore, any acknowledgement system needs to be paired with specific praise!



"You read that whole passage yourself! Way to go. You earned a point for that!"



High Frequency

Provided daily Predictable

Specific Praise Tickets/Notes Coupons to school store Announcements Intermediately

Provided weekly, quarterly, monthly

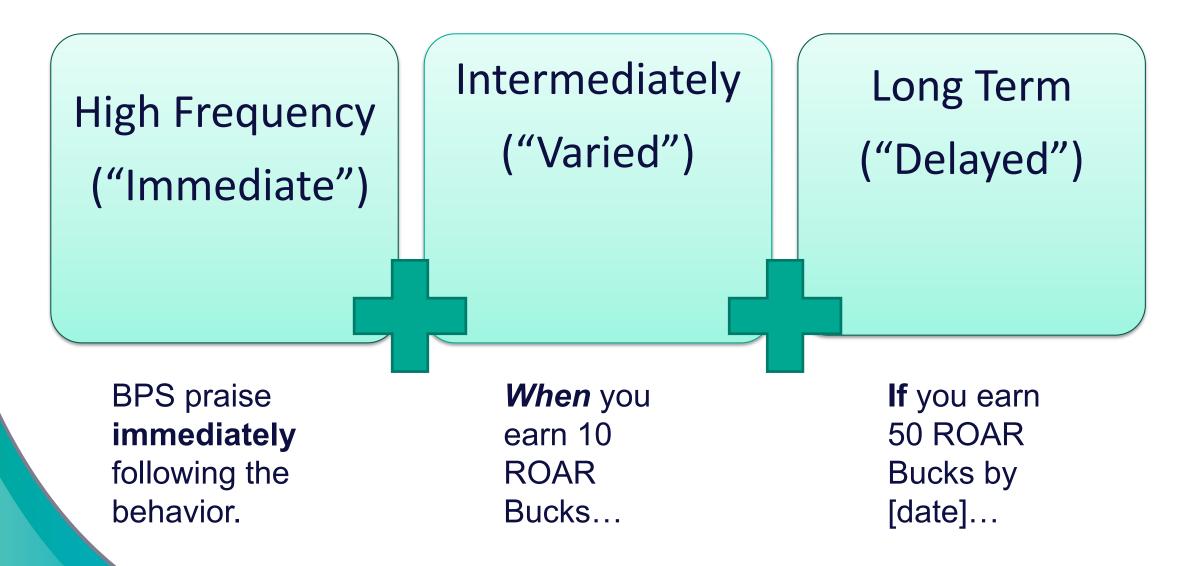
Student of the Month Class Pizza Party Recognition at School Assembly Long Term

Few times per year Involves groups of students

Whole school pajama day Honors banquet Freshmen class picnic

(adapted from MO-PBS)

Types of Acknowledgements: SCHEDULES



Acknowledgment Systems: Think about WHO

Design structures and mechanisms for regular recognition of positive behaviors, events, and activities of the school

- **Staff-Student** Develop ways to identify, communicate and publicly recognize excellence
- Staff-Staff Create and promote opportunities for staff/admin to recognize and appreciate other staff
- Student-Staff Create ways for students to share appreciation of staff
- School-Student Attendance, grades, behavior, state assessment, improvement, etc. (i.e., Attendance Campaign)

RESOURCE: nepbis.org

TIER 1 SCHOOL-WIDE V ADVANCED TIER

RESOURCES

e

PBIS VIRTUAL TRAINING

NEPBIS LEADERSHIP FORUM DI

ENGAGEMENT ~

DISTRICT V TIER 1 SCHOOL-WIDE V

WIDE V ADVANCED TIERS V

NEPBIS

CLASSROOM PBIS COACHES \checkmark TRAINERS \checkmark

NORTHEAST ADVISORY GROUP

CONTACT US

Northeast Positive Behavioral Interventions and Supports

PBIS Exemplar Repository

If your team is looking for examples of well-developed PBIS materials, this document library can be

searched and filtered in order to view and download samples of those developed by schools across the Northeast!

FAVORITE THINGS #1:



Rewards are a 50/50 mix of tangible and experiential.

Consider these no or low cost options

(*Full list compiled by Laura Riffel)

- Assist school staff (e.g., cleaning, office work, announcements, job shadow, keep score)
- Be a leader (e.g., first in line, lead game)
- Choice (e.g., class job, book to read)
- Privileges (e.g., partial assignment, access/pass to special class/school activity, music between classes)
- Social privileges (e.g., eat with preferred peers or staff)
- Positive recognition (e.g., recommendation letter)



FAVORITE THINGS #2:



Staff and Student Compliment Cards

Student: Positive Behavior Referrals (announcements); printed) Staff: Google Form (Weekly door cards)

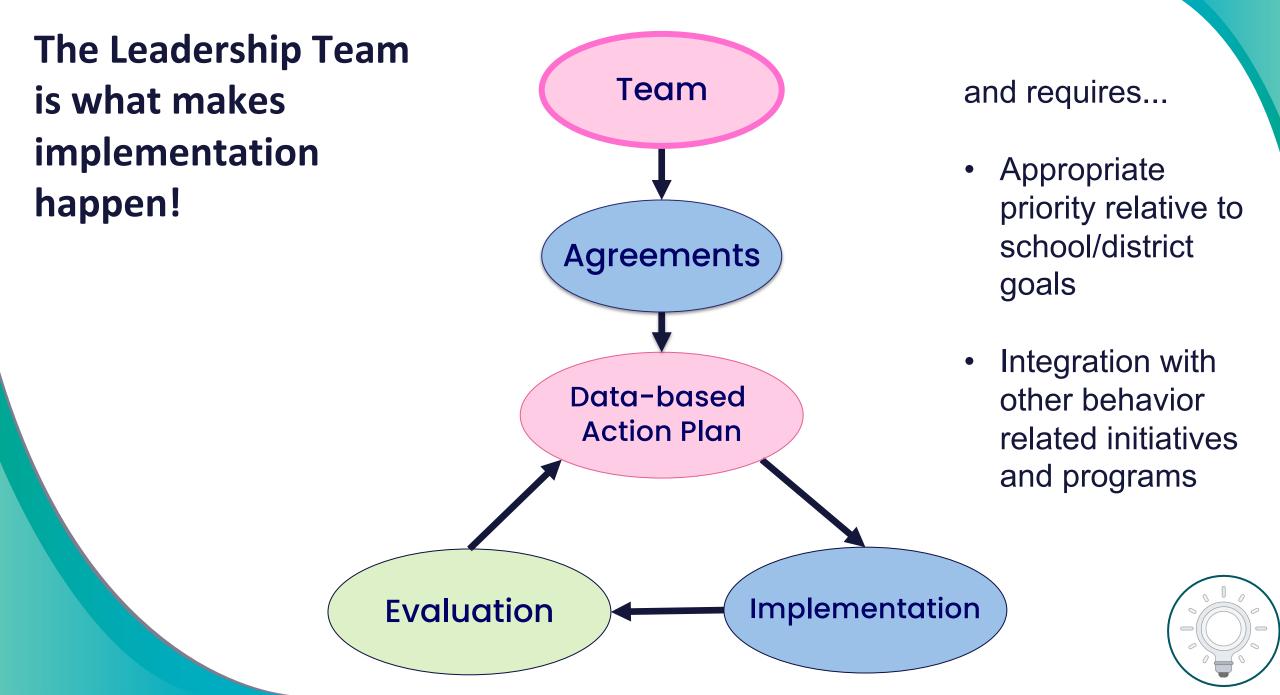
FAVORITE THINGS #3:



Quarterly School-wide Celebrations

Each grade level team hosts; Google form sign-up

Teaming at Tier 1



TEAM COMPOSITION



System Coordinators (Coaches)

Grade/Department

Representatives



Administrator



Support Staff

Office, Supervisory, Custodial, Bus, Security, etc.



Parent/Family Members

Represented by non-staff members



Community Members

Mental Health Providers, Businesses



Specialists

Special Educator, Counselor, School Psychologist, Social Worker, etc.



Students



TEAM COMPOSITION

Having an **ACTIVE** administrator on your team is essential for your team!



This vital role provides:

- critical insight to district/school vision and goals
- access to resource allocation
- decision-making capacity
- overview of school operations across grade levels/departments
- communication link to district leadership

The administrator should be **consistently present** at team training events and meetings



TEAM COMPOSITION

These required, valuable roles provide essential voice to implementation efforts.

Consider reaching out to:

- advisory groups
- student councils
- PTOs
- Chamber of Commerce
- professional organizations
- etc.



Parent/Family Members

Represented by non-staff members



Community Members

Mental Health Providers, Businesses

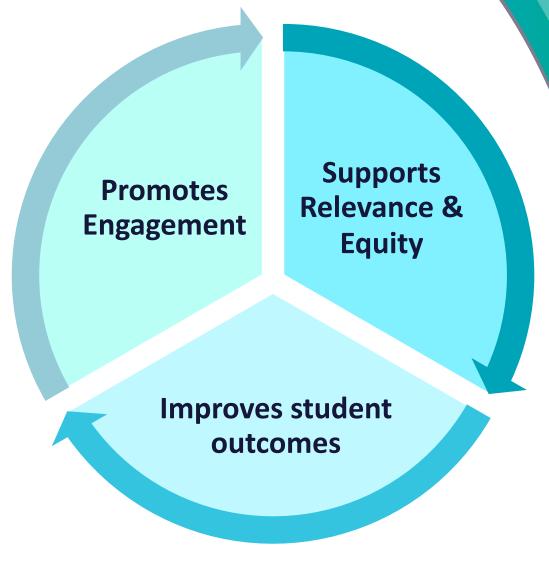


expand the voices on your team by also engaging families, students, and community members in **subcommittees, focus groups, and surveys**



Family and Student Voice Considerations

- Ensure the family/student role is clearly outlined, defined, and understood
- Actively engage students and families in co-designing PBIS practices and systems
- Ask families to assist in reporting team discussions & data
- Seek family/student feedback regarding school processes



Guidelines for Team Composition

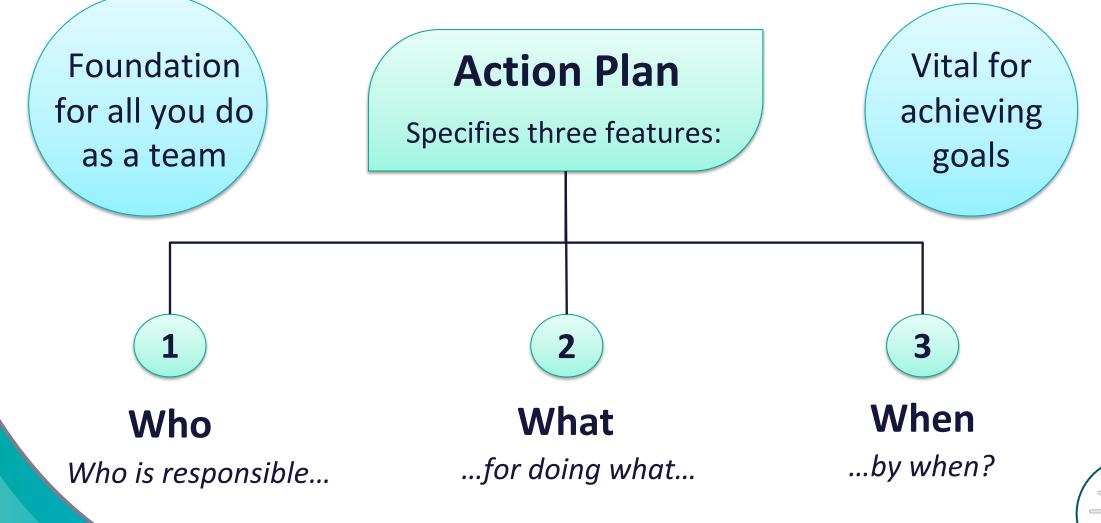
If team is too large, remember 1 team member may provide multiple areas of expertise or play more than 1 role!

- The school counselor may serve as both the coach AND a specialist
- A special education teacher may serve as BOTH a grade level representative AND someone with behavioral expertise

EXCEPTION

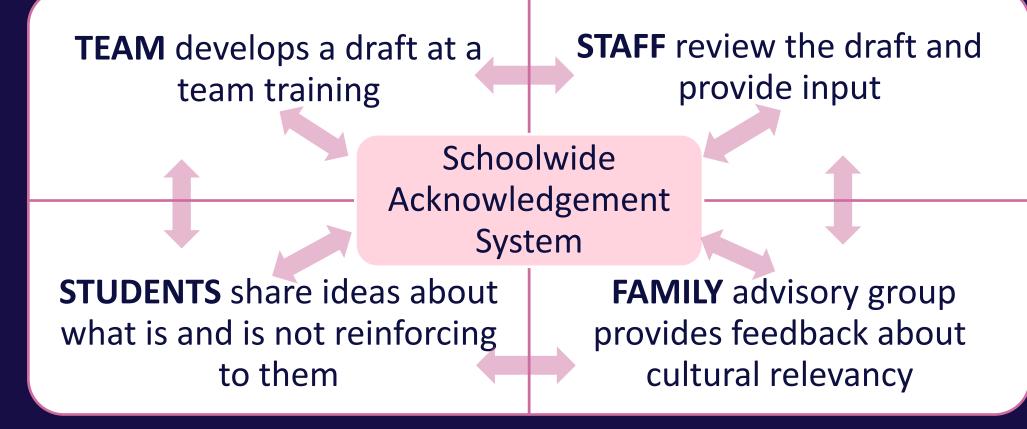
The family member role must be filled by someone who is **NOT** a staff member in the school

ACTION PLANNING





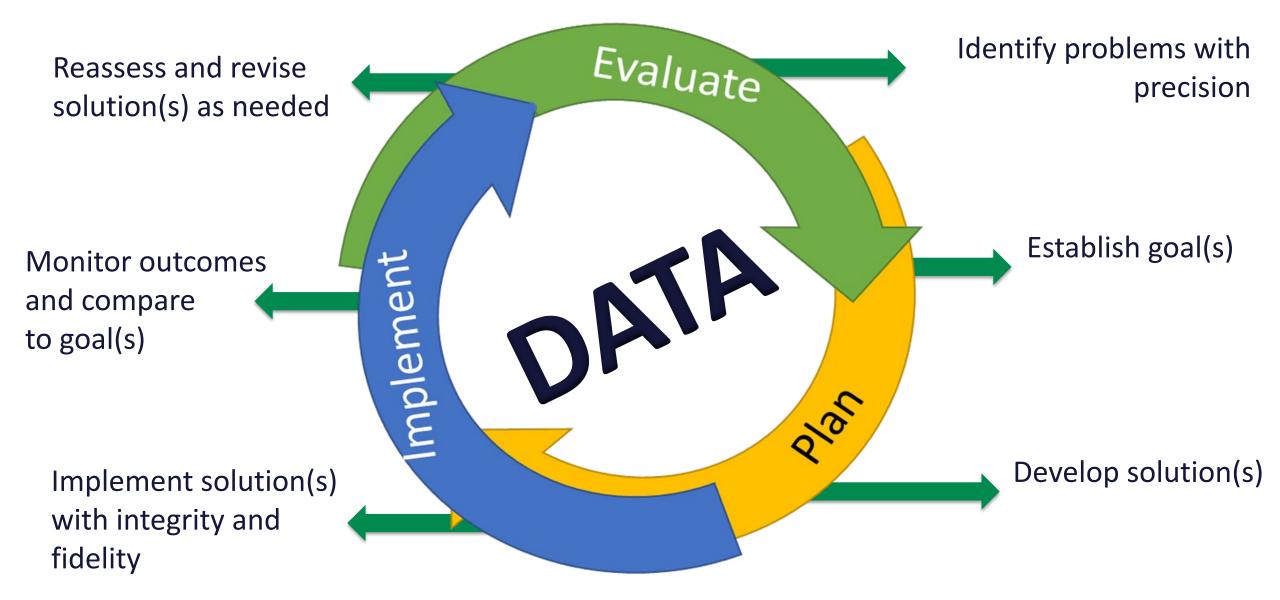
SAMPLE: Developing a Schoolwide Acknowledgement System



Deeper Data Dive

Data INFORMS and GUIDES your work





Data used in PBIS implementation

Did we implement the systems and practices we agreed upon?

Fidelity Data

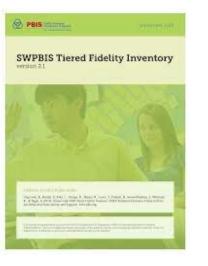
Outcome Data

Is the plan resulting in progress towards our goals (student benefit)

SCHOOL EVALUATION PLAN

		Year 1			Year 2		Year 3				
		Trai	ning	-	Fraining	J	Training				
ity	Measure	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring		
Fidelity	Tiered Fidelity Inventory (TFI)		X	x		X	x		x		
	School Climate Surveys	X	X	X		X	X		X		
Outcome	Schoolwide Behavior Data (e.g., SWIS)	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly		
0	Additional Student Outcome (e.g., Attendance)	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly	Weekly		

Tiered Fidelity Inventory (TFI)



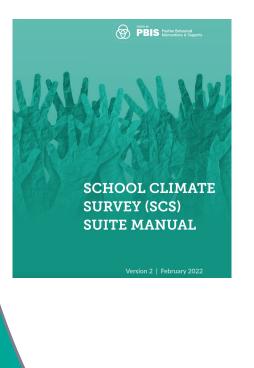
Provides a valid, reliable, and efficient measure of the extent to which school personnel are applying the core features of school-wide positive behavioral interventions and supports.

Tier 1: Universal SWPBIS Features

NOTE: This section may be completed individually or with other tiers as part of the full Tiered Fidelity Inventory

Feature	Possible Data Sources	Scoring Criteria								
Subscale: Teams										
1.1 Team Composition: Tier 1 team includes a Tier 1 systems coordinator, a school administrator, a family member, and individuals able to provide (a) applied behavioral expertise, (b) coaching expertise, (c) knowledge of student academic and behavior patterns, (d) knowledge about the operations of the school across grade levels and programs, and for high schools, (e) student representation.	 School organizational chart Tier 1 team meeting minutes 	 0 = Tier 1 team does not exist or does not include coordinator, school administrator, or individuals with applied behavioral expertise 1 = Tier 1 team exists, but does not include all identified roles or attendance of these members is below 80% 2 = Tier 1 team exists with coordinator, administrator, and all identified roles represented, AND attendance of all roles is at or above 80% 								

School Climate Survey



Assesses students', staffs', and families' perspective of the overall climate in the building.

Completed in fall and spring

• Students:

- Elementary: grades 3-5
- Middle/high: grades 6-12
 - Brief or extended option
- Staff
- Family

Gathering and analyzing schoolwide behavior data is a critical element of implementing PBIS with fidelity!

SWIS (Schoolwide Information System) is set up to do so *efficiently and effectively* with easy to access, relevant graphs to support data-based decision-making!





What is the School-Wide Information System (SWIS)?

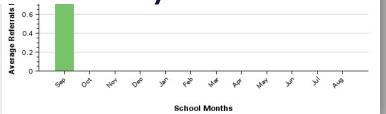
The School-Wide Information System (SWIS) is a web-based decision system used to improve behavior support in schools and other educational facilities by providing school personnel with accurate, timely, and practical information for making decisions about school environments.

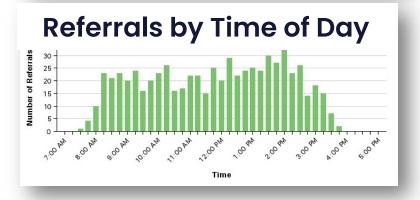




Core SWIS Reports

Average Referrals Per Day Per Month

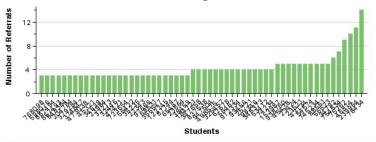




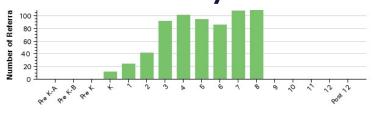
Referrals by Problem Behavior

Problem Behavio

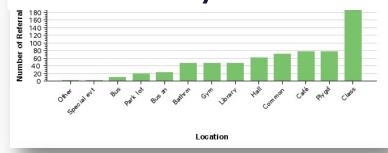
Referrals by Student



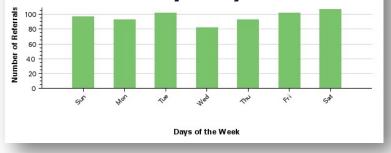
Referrals by Grade



Referrals by Location



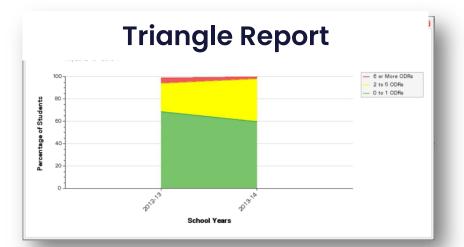
Referrals by Day of Week





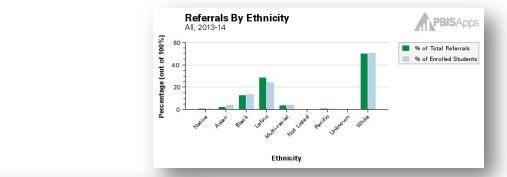


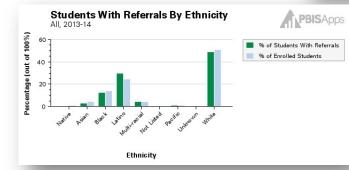
Additional SWIS Reports

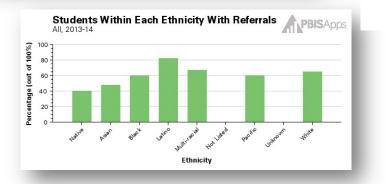


Suspension/Expulsion

Suspension/Expulsion	Out-of-School Suspension 10		.5		6	6		6			
Generated Sep 12, 2013 9:09:20 AM	Expulsion	Expulsion 0		0				0			
Generate Reset	🔒 Print	Data Table	ata Table							•	
						In School Suspen		Out Of School Su		Expulsions	
Options		Student Name	Gender	Ethnicity	IEP	Events	Days	Events	Days	Events	Days
Start* End*		Annie Howler	Female	Hispanic / Lati	No	1	0	0	0	0	0
9/1/12 32/31/12	•	Chris McMann	Male	White	Yes	1	0	1	3	0	0
9/1/12 12/31/12		Jeni McKnight	Female	Hispanic / Lati	No	1	1	0	0	0	0
Show Individual Student Data		Joe Franklin	Male	Hispanic / Lati	Yes	0	0	1	0	0	0
Show Names		Julian Goodman	Female	Hispanic / Lati	No	1	1	0	0	0	0
		Kimmer Wilson	Male	Black	Yes	1	1	0	0	0	0
Student IEP's*	Mark Banks	Male	White	Yes	1	2	0	0	0	0	
All Students	Neal Anderson	Male	Black / Hispan	Yes	0	0	1	0.5	0	0	
All Students		Phil Paulson	Male	Hispanic / Lati	No	0	0	1	3	0	0
Students Currently With IEP's	Randy Holman	Male	White	Yes	0	0	1	1	0	0	
Students Currently Without IEP's Referrals With IEP's (if student was Referrals Without IEP's		Tim Edwards	Male	Hispanic / Lati	Yes	2	2	0	0	0	0
		Tim Redding	Male	Hispanic / Lati	No	0	0	1	3	0	0
		Tom Moss	Male	White	No	1	3.5	0	0	0	0



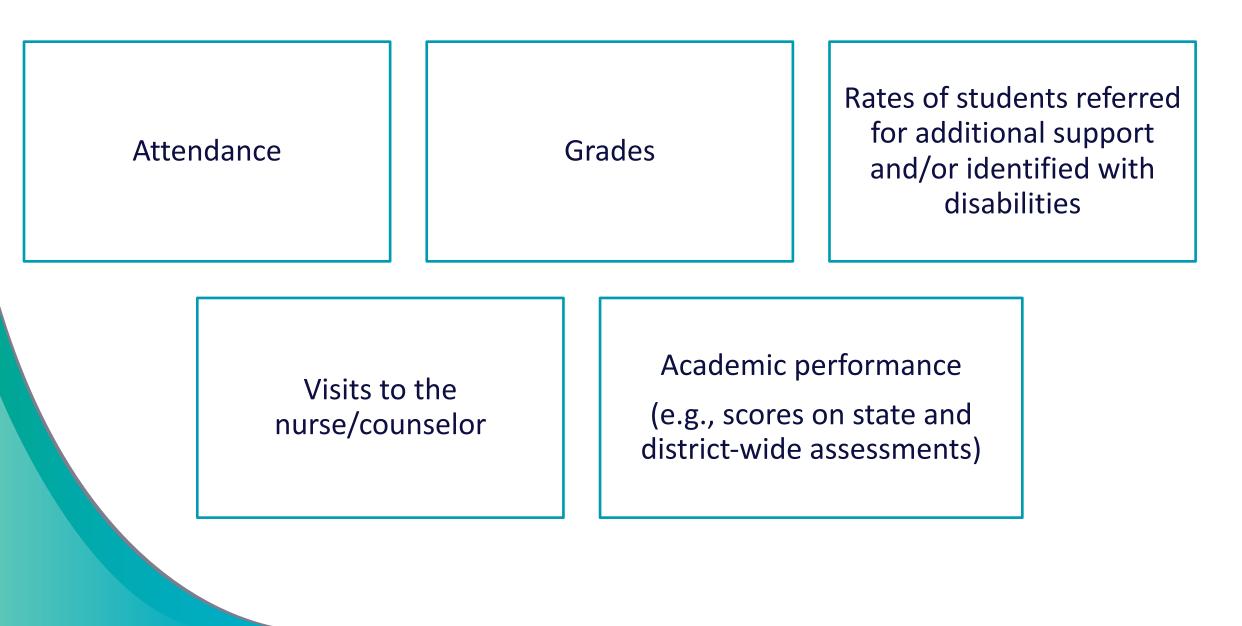




Disaggregated Reports by: Ethnicity Gender IEP Status



Additional sources of outcome data



SESSION EVALUATION

Your feedback is critical to future planning of this event. **PLEASE** take a moment to share your valuable insight! **THANK YOU!**

Email us...we mean it!

Nicole Peterson nicole.peterson@uconn.edu

Karen Robbie <u>karen.robbie@uconn.edu</u>



https://bit.ly/NEPBISForum2023

