

# High School Getting Started and Sustaining Panel

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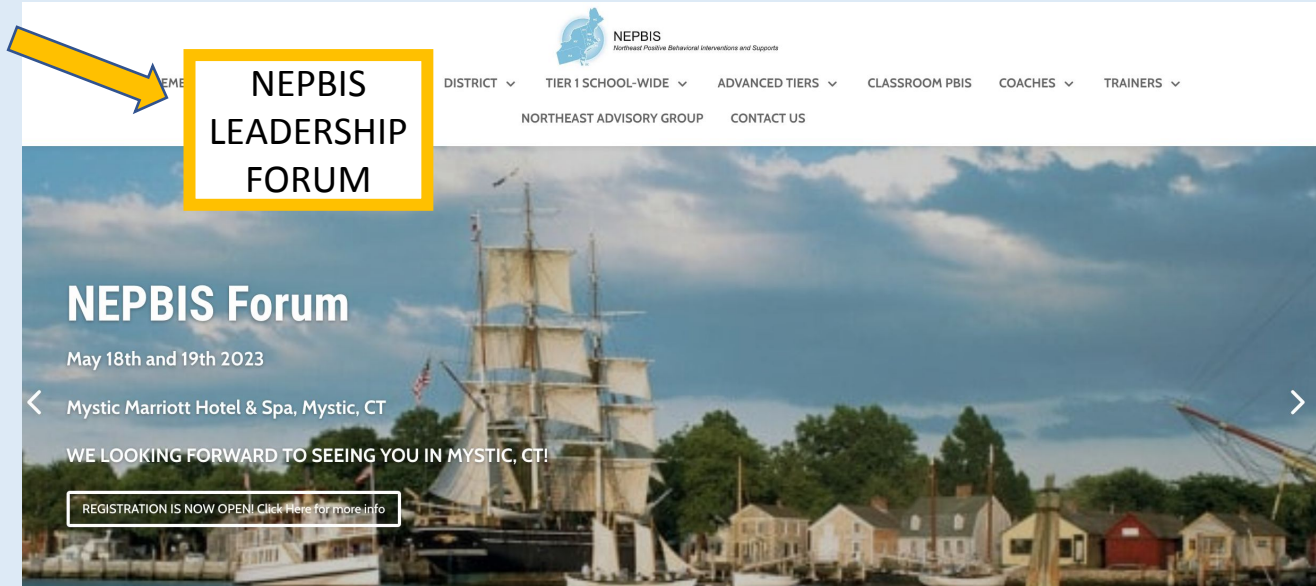
Claudia Wolf, Shannon Conte and Amanda Cassel, Lenape High School

**Northeast  
PBIS Network  
Leadership  
Forum**

MAY 17-18, 2023



# Access Conference Program and Session Materials at NEPBIS.org



The screenshot shows the NEPBIS website homepage. At the top, the NEPBIS logo is followed by the text "Northeast Positive Behavioral Interventions and Supports". Below this is a navigation menu with the following items: DISTRICT, TIER 1 SCHOOL-WIDE, ADVANCED TIERS, CLASSROOM PBIS, COACHES, TRAINERS, NORTHEAST ADVISORY GROUP, and CONTACT US. A yellow arrow points to a yellow-bordered box containing the text "NEPBIS LEADERSHIP FORUM". The main content area features a large image of a harbor with a tall-masted sailing ship and houses. Overlaid on the left side of this image is the text "NEPBIS Forum", "May 18th and 19th 2023", "Mystic Marriott Hotel & Spa, Mystic, CT", and "WE LOOKING FORWARD TO SEEING YOU IN MYSTIC, CT!". A white box at the bottom left of the image contains the text "REGISTRATION IS NOW OPEN! Click Here for more info".

NEPBIS  
Northeast Positive Behavioral Interventions and Supports

DISTRICT ▼ TIER 1 SCHOOL-WIDE ▼ ADVANCED TIERS ▼ CLASSROOM PBIS COACHES ▼ TRAINERS ▼  
NORTHEAST ADVISORY GROUP CONTACT US

NEPBIS LEADERSHIP FORUM

**NEPBIS Forum**  
May 18th and 19th 2023  
Mystic Marriott Hotel & Spa, Mystic, CT  
WE LOOKING FORWARD TO SEEING YOU IN MYSTIC, CT!  
REGISTRATION IS NOW OPEN! [Click Here for more info](#)



## Connection of the Presentation Topic to TFI 3.0 Item(s): **High School Implementation**

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*This is a new TFI 3.0 item:*

**1.5 Schoolwide Acknowledgement:** Educators consistently and equitably implement a written process for delivering behavior- specific praise that is (a) linked to schoolwide expectations, (b) used across settings, (c) documented (e.g., electronically tracked, count of tokens) and (d) differentiated to meet students' needs to acknowledge students' academic and SEB skills **in a manner valued by students.**

*This is a new TFI 3.0 item:*

**1.15 Student Engagement:** Tier 1 leadership teams purposefully and regularly engage students that are representative of (a) the schools' demographics and (b) any marginalized groups in **co-designing and actively revising the content and the implementation of foundational Tier 1 practices** (items 1.3-1.10) based on the regular review of schoolwide and community data.

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# WHERE & HOW WE BEGAN

- Gathered a team of teachers who were interested (all subject areas)
- Universal team identified our strengths first then looked at our needs. Kept it simple.
- Surveyed students and staff for strengths and needs
- Used the data: attendance, discipline, grades, student participation in clubs/sports
- Designed our goals then our expectations.



# CLIFTON HIGH SCHOOL PILLARS

## RESPONSIBILITY

Take responsibility for your work and your actions. Being prepared is expected in high school. It is your responsibility to adhere to deadlines and be on time for all activities. Be responsible for your health and those you live with, do not take unnecessary risks.

## RESPECT

Respect yourself and others. This includes in person, in a distance learning setting and on social media. It is especially important to respect your school environment

## ACCEPTANCE

Being open to new ideas, accepting the academic challenges presented by the teachers, and accepting of the differences that are beside us each day.

## SUCCESS

When we are successful, we achieve goals or grow in such a way that we feel satisfaction as a result of our accomplishments

# CLASSROOM

- **Wear and visibly display ID**
- **Follow adult directions**
- **Report unsafe situations**
- **Be in your seat until the bell**
- **Use kind & appropriate language**



# RECOGNITION SYSTEMS & INCENTIVES

- Mustang Aces
- Shout outs
- Student & Staff PBIS Rewards Website
- Student/Educator of the Month

## Staff Incentives:

- Monthly Raffles
- PBIS Rewards Store

## Student Incentives:

- MP Raffles
- PBIS Rewards Store
- Teacher Stores/Menu

# OUR TROUBLE AREAS WITH THE GENERAL ROLL OUT

- “The reward” portion became a stigma for the program on the HS level
- “They should be doing this anyway” mentality
- “One more thing to do”
- Keeping the process and activities manageable
- Funding
- Time Consuming





# ADVICE

- Don't reinvent the wheel if you have programs in place already
- Keep your students in the conversation and plan
- PBIS needs “top down” process to be effective. Supervisors, Administrators etc
- Modify to meet the needs of your consumer
- Do not rush the process....

*Reach out if you have questions:*

*Sue Schnepf [sschnepf@cliftonschoools.net](mailto:sschnepf@cliftonschoools.net)*

# Taconic High School

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**Take Responsibility**

Be present and on time!

**Have Respect**

Be considerate and courteous!

**Strive for Excellence**

Challenge yourself to grow and learn!

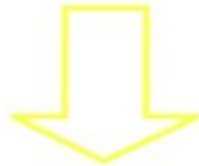
# Getting Started



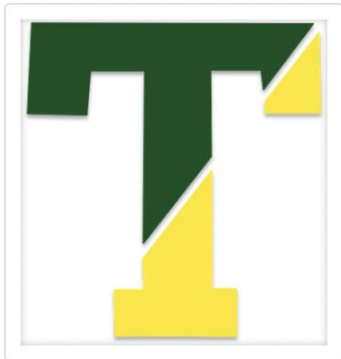
**Create a Team**



**Complete the TFI  
(Tier Fidelity Inventory)**



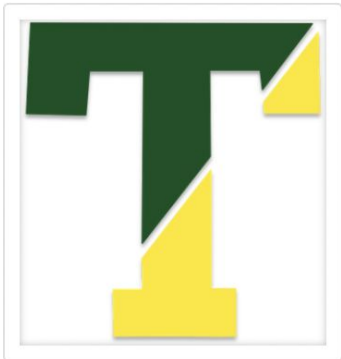
**Design an Action Plan**



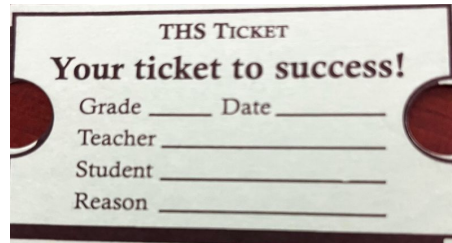
# Action Steps



- Revised our expectations, behavioral [matrix](#), and [lesson plans](#) including aligning the [Code of Conduct, Character and Support District Rules, PBIS Expectations & Learning and Life Competencies](#).
- Updated our [PBIS handbook](#)
- Created schedule and protocol to analyze data and implement effective practices and interventions based on data
- Created schedule to boost expectations. Example booster.



# Acknowledgement System



THS TICKET

**Your ticket to success!**

Grade \_\_\_\_\_ Date \_\_\_\_\_

Teacher \_\_\_\_\_

Student \_\_\_\_\_

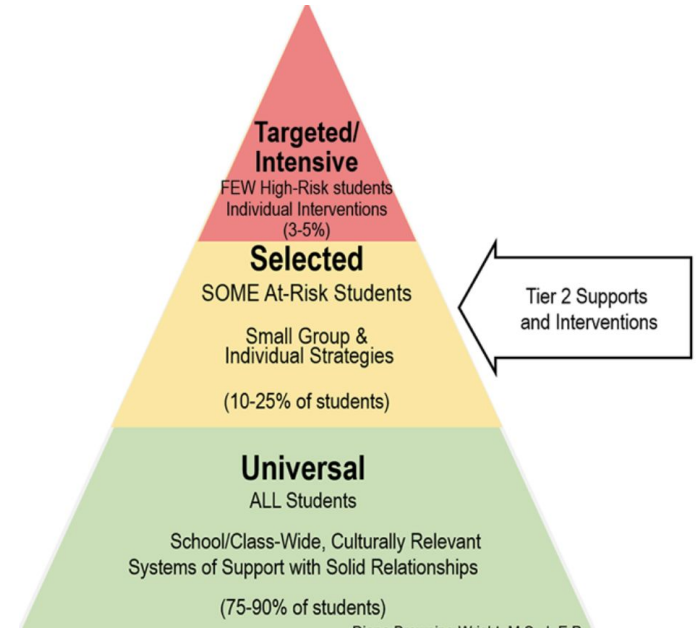
Reason \_\_\_\_\_

- Teachers and Staff fill out a ticket for students who meet expectations based on the current booster.
- Once a week a student name is drawn to select the school song for the following week or an incentive (gift cards, movie tickets, etc.)
- Once a week a teacher is acknowledged who is filling out student tickets and given an incentive (gift cards, movie tickets, etc.) This helps with teacher buy-in.
- Fundraising and requesting donations from community partners helps to fund this system



# Tier II - Getting started

- SST process
- Tier intervention inventory
  - CICO
  - Connect for Success
  - Mental health groups (DBT, anxiety, social skills)





## Other resources:

- [Example Lesson Plan](#)
- [Code of Conduct, Character and Support District Rules, PBIS Expectations & Learning and Life Competencies.](#)
- [PBIS handbook](#)
- [April Cafeteria Booster](#)
- [Striving for Excellence Booster](#)
- [Tier Intervention Inventory](#)
- [Check In - Check Out \(CICO\)](#)

# Got a Zen Den?

Creating a Wellness Center &  
PBIS Framework in High School Settings

Claudia Wolf

Amanda Cassel

Shannon Conte







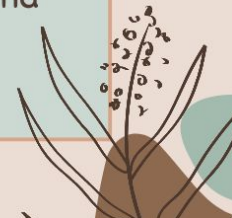
# Wellness Center

## *Purpose*

Wellness Centers have the power to facilitate a mental health literacy within your school, empower students with regulatory and de-escalation strategies, and foster positive connections. Health and wellness is not contained within the walls of a Wellness Center, but rather they are a space that is a catalyst for creating school-wide stigma-free programs and initiatives.

## *Mission*

To create a safe and inclusive space in the heart of the school building that provides evidence based healing-centered practices to promote physical, social, and emotional health and wellness.



# Data

1  
Utilizing turnstile check-in system to track student visits and time spent in Wellness Center

2  
Conduct schoolwide mental health needs assessment to address growing needs for mental health support in our school.

3  
1 in 5 children between the ages of 13–18 have a mental health diagnosis.  
1/2 of all children in the U.S. will experience at least one potentially traumatic event before age 18 (CDC, 2019).

4  
70% of students indicate academics were a major cause of stress and anxiety; 66.1% indicated family concerns (CDC, 2023)

# Tiered Fidelity Inventory



3

Intensive

Individual Behavior Modification Plans  
Access to Wellness Center (IEP objectives)  
Restorative practices for substance  
use/disciplinary violations

2

Targeted

I&RS Support  
504 Plan Referral  
"Take a Break" Access to Wellness Center  
Group Counseling Sessions

1

Core

Creation of a Wellness Center  
Therapy Dog Program  
Yoga Workshops  
Annual Wellness Day  
Psychoeducational classroom lessons  
Freshman Transition Workshops

# PBIS in High School



Make it  
Relevant

Yoga & Mindfulness Workshops  
Mental Health Unit Curriculum  
De-escalation coping tools (VR Goggles, Coloring, Play Doh)  
Counseling Groups  
Schoolwide mental health events

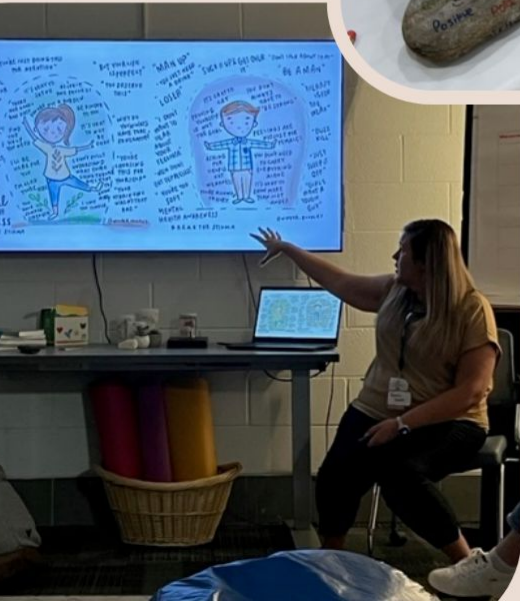
SEL/Wellness Center Committee Formed  
Teacher In-Service Workshop  
"Collegiality Cafe" on SEL Core Competencies  
Faculty and Staff Wellness Events  
Schoolwide Wellness Challenges

Staff  
Endorsement



# Student Voice

- Smash the Stigma Day
- Annual Wellness Day
- World Voices Day
- Burlington County Stigma Free Schools Workshop
- Wellness Student Ambassadors
- Teen Mental Health First Aid





# Thank You

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# PANEL DISCUSSION QUESTIONS

- In what ways have you incorporated student voice in your implementation? How has it helped? What barriers have you encountered?
- How is your mental health/wellness work embedded within your PBIS implementation? What are your successes with this? What barriers have you encountered?
- How does your PBIS implementation support academics? How have you worked to integrate these?
- What data sources do you use to drive your implementation? How have you shared this with faculty, students, and families?
- What steps have you taken to support students needing advanced tiers SEB support? What has helped? How do you maintain your tier 1 while building tier 2-3?

# Session Evaluation

Your feedback is critical to future planning of this event.

**PLEASE** take a moment to share your valuable insight!

**THANK YOU!**



<https://bit.ly/NEPBISForum2023>

