**Weathering the (Pandemic) Storm Materials**

District Resources

* [SBSD SEL Model](https://docs.google.com/document/d/1JL6y5bWZpYWbpSv5oIR6cNkjMJKPtZQ9yF_swLhtRuk/edit)
* [Onward: Cultivating Emotional Resilience](https://www.onwardthebook.com/)- Elena Aguilar

School-based Resources

* [November Cup Filler Menu](https://docs.google.com/document/d/1N6e_sUEWVR6xWh2AXLaz5HvoGc1gUE20kPsc7Mfs4zc/edit)
* [Check Your Cup Circle](https://docs.google.com/document/d/1DkkYE1KQLAisorj6QamoPvlVySNufHJlhKcJzLCzB3I/edit)
* [Well Being Resources for Our Amazing Staff](https://docs.google.com/document/d/1FIfmxFzaoodTwIlJb81Y3wncGHMKnTWm80l03beCSZI/edit)
* [Sustaining Ourselves When the Work Is Difficult](https://docs.google.com/document/d/1WjAam5cfUl5XTYliDGRiT6k1zf-gMI1dwGhrSLW_uis/edit)
* [Self-Care/Resiliency for Us](https://drive.google.com/drive/folders/1v4zKwA3vZt6PemBVrvUV4SmuBjuItQcO?usp=sharing)
* [GCS Staff - Drinks and Snacks](https://docs.google.com/document/d/19cNeQHtvbEVL1mZT4WWlpa-XL9E_J6Enu6EcSjdDsFY/edit)
* [Copy of Chamberlin Calendar 2021-2022](https://docs.google.com/document/d/1N2R40hZPydepSsG0NxXWQFKhh6q_4IBoOXTdzEcBlzw/edit)