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| ***Talk Time Request***  *I would like to schedule a time to talk with someone this week.*  Today’s Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  My preferred person I would like to talk to is: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  I would describe my need to talk with someone as: | | |
| **\_\_\_\_ Immediate**  *I need to talk with*  *someone today*  Examples:  I’m very upset or very sad  Something has happened  I feel unsafe | **\_\_\_\_ Pretty Soon**  *I would like to talk with someone by tomorrow*  Examples:  Something is on my mind  I’m worried about something | **\_\_\_\_ It Can Wait**  *It can wait until*  *later in the week*  Examples:  I have news I want to share  I would like get some advice  I have a problem I want to solve |
| **Talk Time Schedule**  **Date: Day: Time:**  **Location: With:** | | |