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| ***Talk Time Request****I would like to schedule a time to talk with someone this week.*Today’s Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My preferred person I would like to talk to is: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_I would describe my need to talk with someone as: |
| **\_\_\_\_ Immediate** *I need to talk with* *someone today*Examples:I’m very upset or very sadSomething has happenedI feel unsafe | **\_\_\_\_ Pretty Soon***I would like to talk with someone by tomorrow*Examples:Something is on my mindI’m worried about something  | **\_\_\_\_ It Can Wait***It can wait until* *later in the week*Examples:I have news I want to shareI would like get some adviceI have a problem I want to solve |
| **Talk Time Schedule****Date: Day: Time:****Location: With:** |