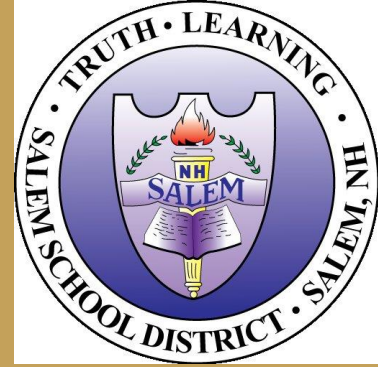


District How to: Aligning, Integrating & Leveraging Resources for MTSS-B Implementation

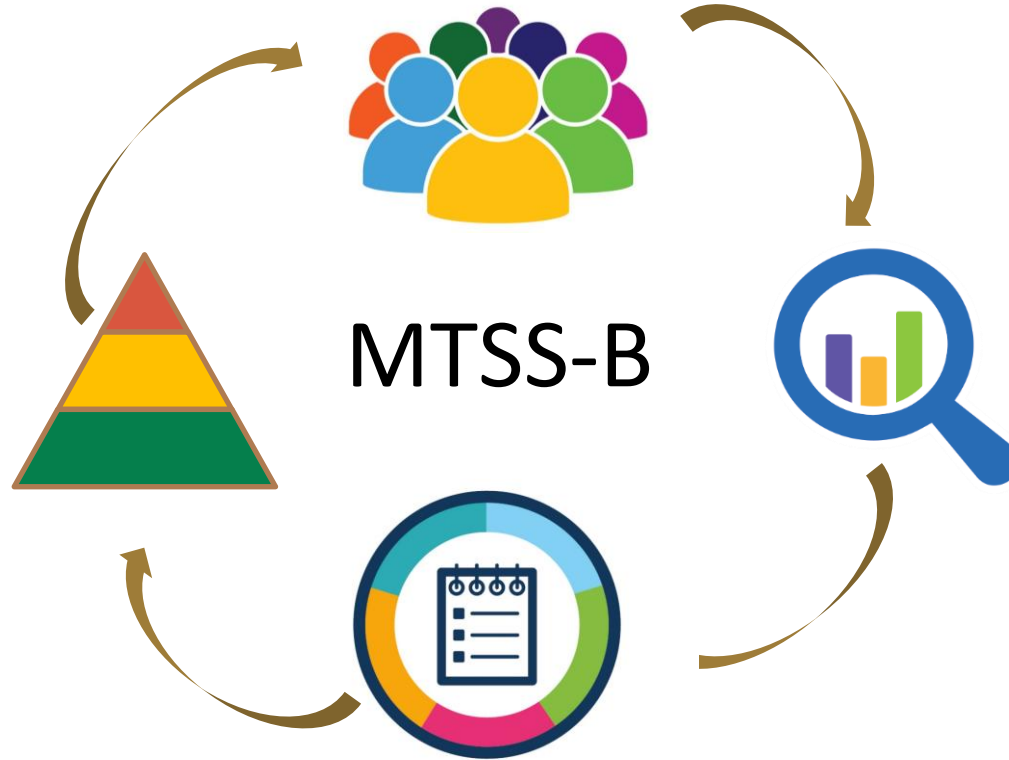


Heidi Cloutier
University of New Hampshire
Institute on Disability

Maura Palmer, Assistant Superintendent
Salem School District

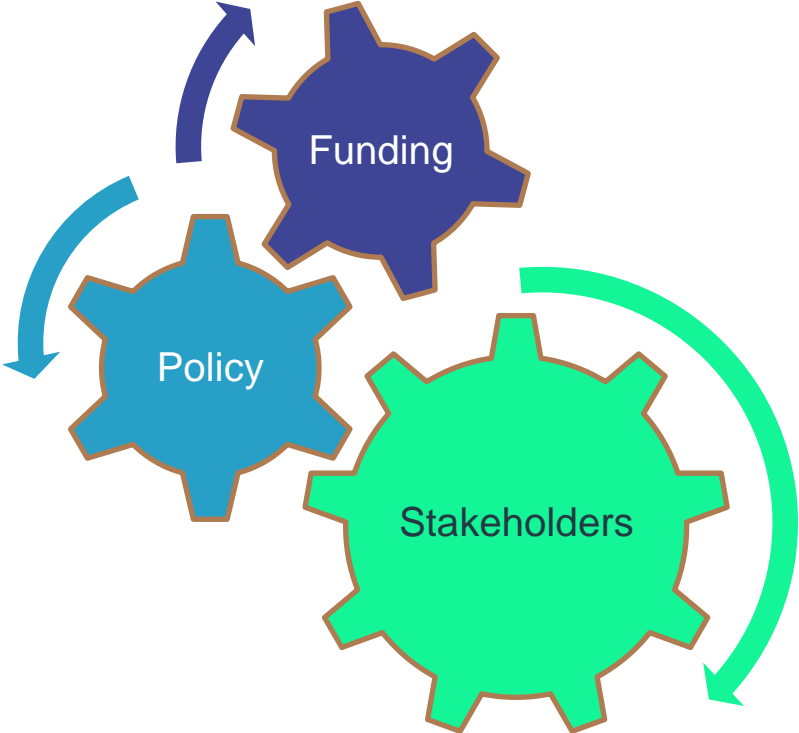
Nicole Burke
Director of School Counseling
Salem High School

Culturally Equitable
Academic & Social Competence



Durable & Sustainable Over Time

District Leadership Team



Building District Capacity



Training

Integrated
Initiatives
Build Internal
Expertise



Coaching

Best Practices
District Support



Evaluation

Celebrates
Successes
Informs
Improvements



Strategic Goals 2019-22

Strategic Goal 1: Foster social, emotional, mental and physical well-being



Social Emotional Learning



Highly Skilled Staff



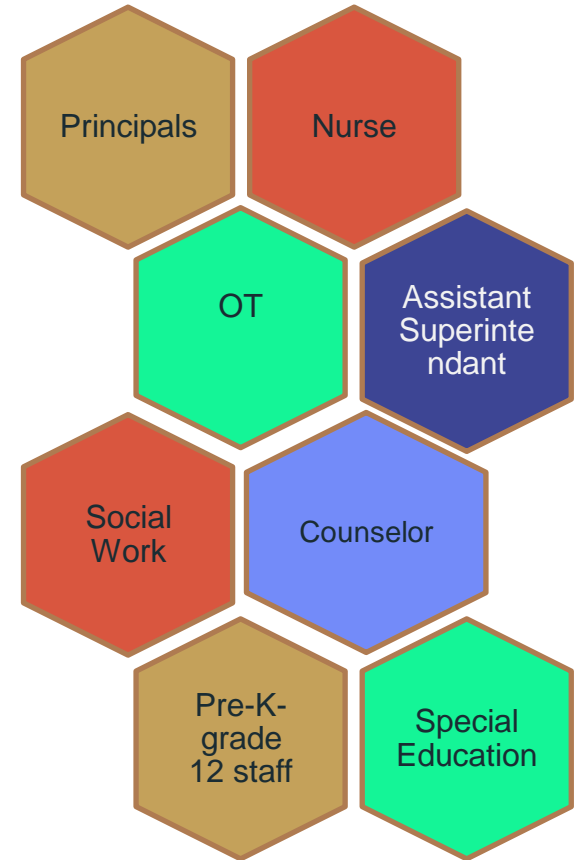
Systematic Approach to Training

Purpose: Promote mental wellness and improve school culture by building awareness of the indicators of mental health concerns and intervening early with coordinated supports

Goal: Establish a culture of mutual respect through the implementation of a Multi-Tiered System of Support for Behavior

District Wide Team

- Variety of perspectives represented on the team
- Members serve as the liaisons to their building level team
- Training with University of New Hampshire's Institute on Disability
- Remained connected with UNH IoD for Coaching
- Maintain consistency throughout the district in practices
- Shared resources between buildings



Alignment of District Cultural Expectations

- Safety
- Respect
- Responsibility

Building Level Team Roles

Responsible for carrying out the common Cultural Expectations of Safety, Respect, Responsibility

Lesson Plans

- Student themes
- Share feedback

Incorporate signage

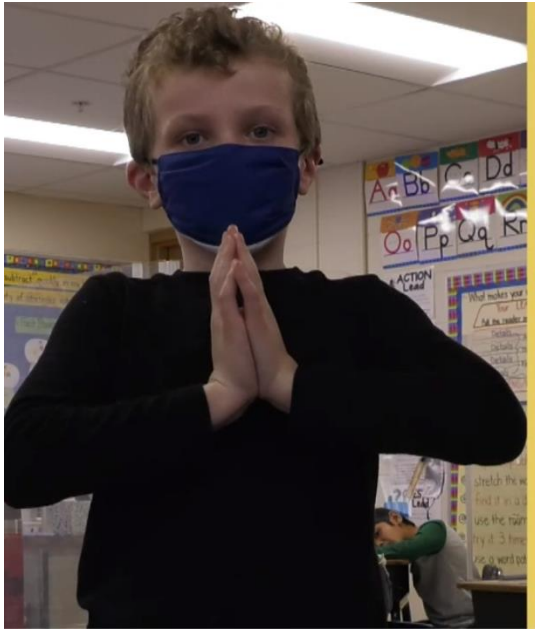
- In buildings, visuals, rubrics
- Reinforce expectations

Progress Monitor

- Celebrate Success
- Action Plan
- Communicate

One Example of a Building Level Team Highlight

- [North Salem Elementary School's presentation to School Board on February 16, 2021](#)
 - Student recognition, Counselor and OT Social-Emotional Learning programs, PTA involvement, Classroom Teacher Practices



Bring the palms of your hands together, with your forearms parallel to the floor.

Now push your palms against each other as hard as you can.

Then breathe in, as you look over your left shoulder.

Breathe out, as you rotate your head and look over your right shoulder.

And breathe in, as you return your head back to center.

Repeat this sequence, but this time start by breathing in and looking over your right side.

Now release your hands and relax your muscles.

Professional Development Opportunities

- Justice John Broderick presentation
- Training from Dr. Stuart Ablon and Think:Kids
- Community and Relationship Building Activities
- *Angst* documentary showing for all Salem community members and staff
- Partnership with local mental health agency - Center for Life Management
 - On-site mental health therapist available in each school

Focus on Student and Staff Mental Wellness During COVID-19 Pandemic

- Wellness Wednesday student surveys
- Family Wellness surveys
- Films featuring Safety, Respect and Responsibility to reduce anxiety as students re-entered classrooms this fall
- Dedicated time for staff community building and mental wellness
- Consistent reporting protocols for safety concerns

Looking Ahead

- Continued partnership with CLM and mental health supports in schools
- Opportunities for professional development for staff in summer 2021
- Collaboration of district level mental health team
- Complete training with UNH IoD
- Student voice implementation at Salem High School
- Focus on relationships building in the classroom and through schools

Questions?

Maura Palmer maura.palmer@sau57.org

Assistant Superintendent for Academics and Support

Nicole Burke nicole.burke@sau57.org

Director of School Counseling, Salem High School

www.sau57.org

Supplemental Salem Resources

- [Salem School District Website www.sau57.org](http://www.sau57.org)
- [Salem School District Facebook page](#)

Resources

- [Technical Guide for Alignment of Initiatives, Programs and Practices in School Districts](#)
- [District & State PBIS Resources](#)
- [District Systems Fidelity Inventory](#)