

**Expanding Your Inventory of Tier II Supports** *Amy Wheeler-Sutton and Kristin Beswick, Vermont PBIS* 

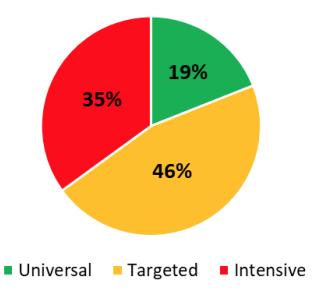
#### Learning Objectives:

- Expand thinking about student needs and how to meet them
- Consider selection of Targeted Interventions to meet needs
- Expand use of CICO
- Use data to monitor progress, make decisions about duration, modification, and fading
- Support staff in implementation fidelity

#### Vermont Context:

#### Number of VTPBIS Schools SY 2007 **3** Schools 1 SD/SU SY2020 165 Schools 48 SD/SUs

#### Level of Implementation (n=165)

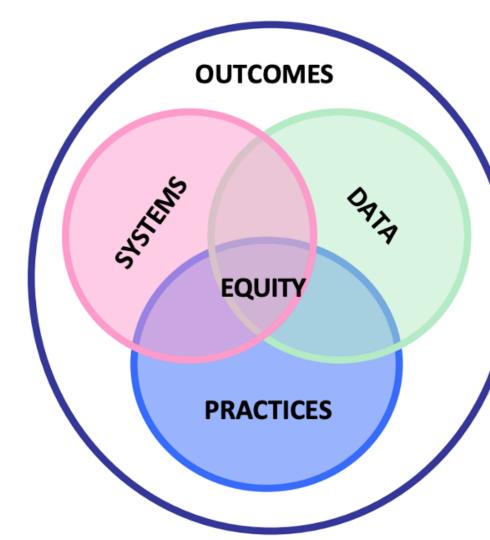


## SEL, Trauma-Informed, & Restorative <u>Practices</u> Within the PBIS Framework

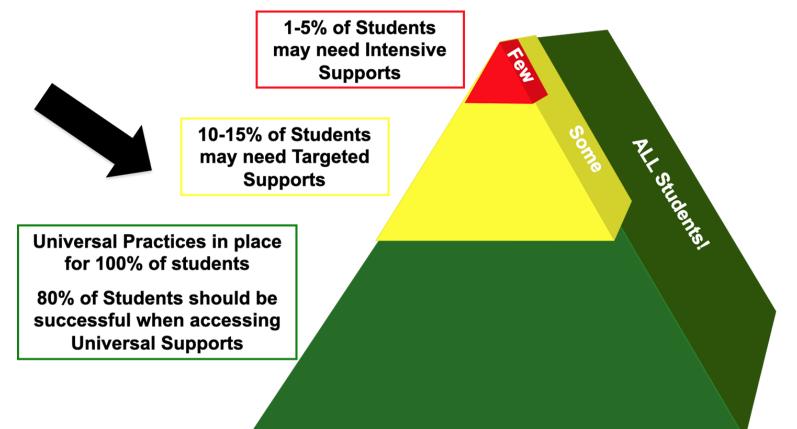
- Same end goals in mind
  - To build a safe, respectful, and productive learning environment
  - To establish a positive school climate where students and adults have strong, positive relationships and students understand what is expected of them as learners at school
- Whole-school
- Positive, strengths-based
- Proactive/prevention-focused
- Contribute to <u>and</u> depend on an equitable learning environment

"The fundamental purpose of PBIS is to make schools more effective and equitable learning environments."

Rob Horner, OSEP Technical Assistance Center for PBIS



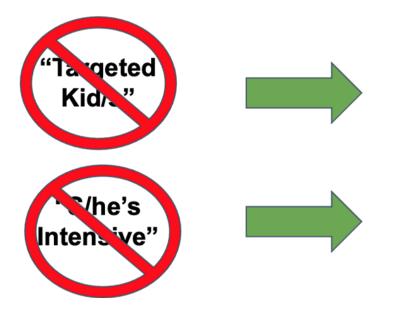
### Who Benefits from PBIS? Everyone!



## Label Supports, Not Students

#### **Essential Agreement:**

We will consistently correct language to ensure equity and personhood, even if doing so causes some discomfort.



"Student/kid who is receiving or needs targeted supports"

"S/he is receiving or needs intensive supports"

## **Readiness for Targeted PBIS**

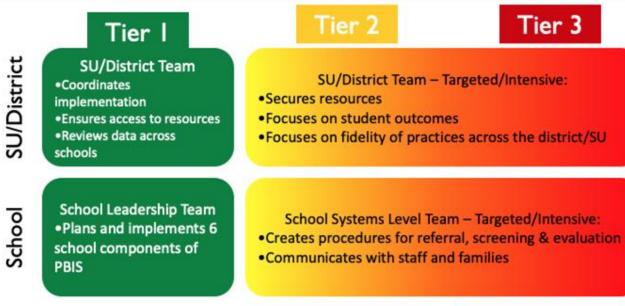
Implementation at the Targeted Level is more likely to be

effective and efficient if Universal Systems are implemented

with *high fidelity* (at least 70% on Tier I of the TFI).

www.pbis.org

#### **Necessary Conversations**



Student

Student Level Team •Matches students to interventions •Evaluates & monitors student progress Student Level Team •Completes FBA/BIP •Evaluate & monitor student progress Facilitates wraparound

## **Targeted Interventions**

- Match to **function**
- Require a "request for assistance" process
- Include criteria for success
- Are voluntary
- Involve all adults in the school

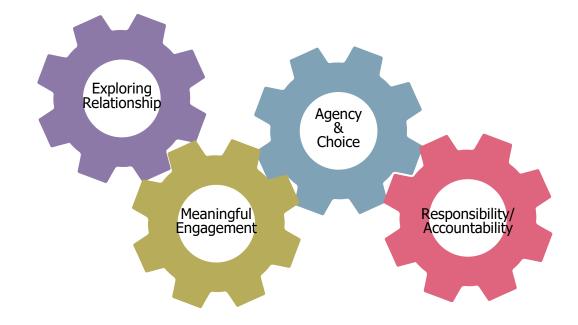
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	Check-in			Self-regulation	Difficult transition into school; Fade from CICO	AM SSFs Frequency ratings by teacher	Regulated AM integration into classroom; Confidence in independence	Fading plan success OR Check-in unsuccessful in meeting behavioral needs of student								
	CICO		Adult attn; Avoid ask/activity; Gain tem/activity	As identified through ALSUP	Need for consistent/ frequent feedback to address lagging skills	CICO SSFs Frequency ratings by teacher	Consistently meeting goals, ≥ 83% point goal, and no additional goals needed	Fading plan success, no additional goals needed OR CICO unsuccessful in meeting behavioral needs of student								
	Teacher Check & Connect	,	Adult attn; Avoid ask/activity	As identified through ALSUP	Need for consistent/ frequent feedback to address lagging skills	CICO BODs Frequency ratings by teacher	Consistently meeting goals, ≥ 83% point goal, and no additional goals needed	Fading plan success, no additional goals needed OR TCC unsuccessful in meeting behavioral needs of student								

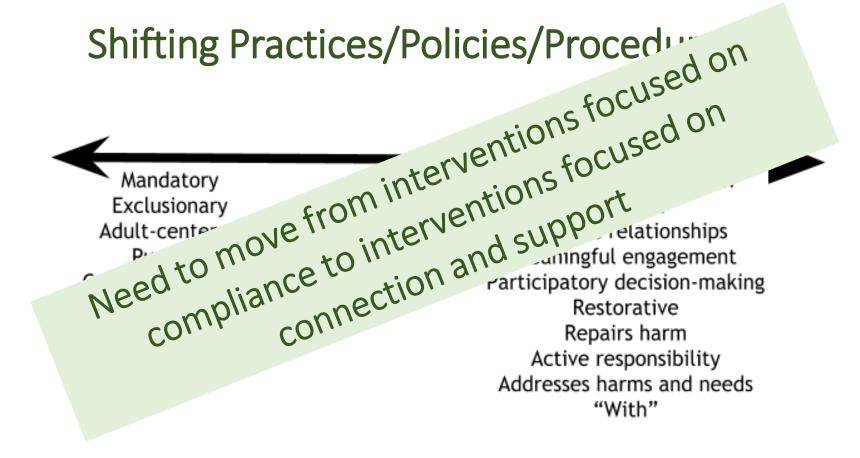
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# **Consider Restorative Principles When Planning Targeted Interventions**





## Key Features of CICO

- Check in and out with a Coordinator at the beginning and end of day
- Increased instruction and feedback on behavioral expectations with the teacher after each class/instructional routine through Daily Progress Report (DPR)
- Parent/guardian provides positive feedback and encouragement to child at end of day
- Student receives reinforcement when behavioral goals are met

#### CICO is All About Relationships and Connection!

- Focus on providing reinforcement that involves time with adults or other students to build connections
- Tangible reinforcers earned should always be paired with verbal praise/attention from adults
- Support students needs by transitioning attention

#### Daily Progress Report (DPR) Sample

"Individualized Student Card linked to Tier 3 FBA/BIP"

Teachers please indicate YES (2), SO-SO (1), or NO (0) regarding the student's achievement in relation to the following sets of expectations/behaviors.

EXPECTATIONS	1 st block	2 nd block	3 rd block	4 th block		
Be Safe Use your words Use deep breathing	2 1 0	2 1 0	2 1 0	2 1 0		
Be Respectful Keep arm's distance Use #2 voice level when upset	2 1 0	2 1 0	2 1 0	2 1 0		
Be Responsible Ask for breaks Self-monitor with DPR	2 1 0	2 1 0	2 1 0	2 1 0		
Total Points						
Teacher Initials						

Adapted

from Grant Middle School STAR CLUB

## DPR for Social/Academic

EXPECTATIONS	1 st block	2 nd block	3 rd block	4 th block		
Be Safe Walk to class Keep hands to self	2 1 0	2 1 0	2 1 0	2 1 0		
Be Respectful Use appropriate language Raise hand to speak	2 1 0	2 1 0	2 1 0	2 1 0		
Be Responsible Bring materials Fill out assignment notebook	2 1 0	2 1 0	2 1 0	2 1 0		
Total Points						
Teacher Initials						

## **Other CICO Adaptations**

- CICO for School Arrival "I'm here and ready to learn!"
- CICO for Recess
- CICO for Distance Learning
- May need to change goal line from 80% to 50-60%
- May check in daily with a Google form "How do you feel?" "Are you ready for learning?"
- Checking in and checking out with different adults teacher, other adult, family member
- Checking in at different intervals
- What else?

## **Exiting Students from Interventions**

- Celebrate accomplishments
- Provide reminders that everyone needs help sometimes
- Do not "graduate" in case they need assistance in the future



#### Types of Data to Consider



- TFI
  I-SWIS
- EST
- FBA/BSP

#### Targeted:

- TFI
- SWIS-CICO
- EST
- FBA/BSP
- Universal Screening

#### Universal:

- TFI
- SAS
- SWIS
- Attendance
- Grades
- Leadership Team Self-Assessment
- School Climate
- Family Engagement

# Targeted Practices Data Tracking Tool

Interventions		со	Ben's Group		Homework Club		Anger Management Training					
	# Students Participating	# Students Responding	# Students Participating	# Students Responding	# Students Participating	# Students Responding	# Students Participating	# Students Responding	# Students Participating	# Students Responding	# Students Participating	# Students Responding
July												
August												
September	7	7	0	n/a	2	2	0	n/a				
October	9	8	3	0	5	5	0	n/a				
November	15	14	3	0	10	8	4	2				
December	19	17	3	1	10	8	4	4				
January	19	15	3	0	15	13	4	3				
February	19	17			15	14	3	3				
March	20	19			15	15	3	3				
April	20	18			7	7	5	1				
Мау	19	18			7	7	5	4				
June	19	18			7	7	5	4				

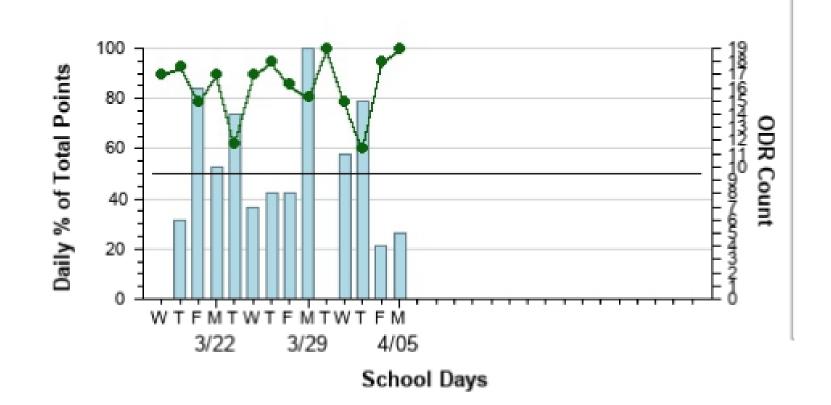
Data-based Decision-rules for defining "response to intervention": Please list below your data-based decision-rule to determine student 'response' for each intervention. Ex. Students received 80% or better on Daily Progress Report for 4 consecutive weeks.

CICO: Earning 80% of points on average per day per week

Ben's Group: First two weeks: 70% or more per day per week, Weeks 3-10: 80% or more points per week on Ben's Card

Anger Management Training: 80% or more points per day per week on AMT Card

#### Individual Student Data Monitoring



Data help us ask the right questions. They do not provide the answers.



Common misperception is that these strategies will "fix" the student and the classroom teacher does not need to be an active participant.



Important to stress that these interventions will require involvement among ALL staff within the school building

## **Intervention Success**

Some things to consider if interventions are not working:

- Staff Training
- Fidelity of implementation
- Lack of buy-in/support from staff
- Contextual fit (i.e. developmental level)
- Identified function



## What could your team focus on for improvement?

- Address function of behavior
- Continuously available
- Quickly and easily accessed
- Consistent with school-wide expectations
- Require minimal extra effort by teachers
- Identify goals
- Monitor progress
- Includes student voice
- Use school resources creatively
- Implemented with fidelity

Inventory Includes:

- Referral criteria
- Functions/lagging skills addressed
- Data sources for progressmonitoring
- Fading and exit criteria
- Frequency/intensity of intervention
- Resources needed

## **Questions for Consideration**

- What other interventions do you use at the Targeted level?
- What are some roadblocks you've come up against that could stall your team in adding additional interventions. How did you solve them?
- How do we fade interventions from students (and teachers)?
- What happens when the number of students requiring targeted supports exceeds the capacity of the interventions?
- How can you ensure your CICO Coordinator is available to adequately fulfill this position's role?