**INDIVIDUALIZED TOT PLAN**

***Instructions****. For each area, summarize relevant data (self-assessment, DOT-Q, and other TOT feedback) to describe your current strengths and needs. Develop 3-5 SMART goals total in areas of need. Identify 2-3 relevant activities or resources that will help you achieve your goal and write clear action steps (with dates) to ensure you meet your goal.*

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| **THEORETICAL FOUNDATIONS** | | | |
| ***Current strengths and needs*** | ***Individualized goal*** | ***Relevant activities & resources*** | ***Individualized action steps*** |
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| **PBIS IMPLEMENTATION** | | | |
| ***Current strengths and needs*** | ***Individualized goal*** | ***Relevant activities & resources*** | ***Individualized action steps*** |
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| **SUPPORTING ADULT BEHAVIOR CHANGE** | | | |
| ***Current strengths and needs*** | ***Individualized goal*** | ***Relevant activities & resources*** | ***Individualized action steps*** |
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| **PROFESSIONALISM** | | | |
| ***Current strengths and needs*** | ***Individualized goal*** | ***Relevant activities & resources*** | ***Individualized action steps*** |
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| **TECHNOLOGY LITERACY** | | | |
| ***Current strengths and needs*** | ***Individualized goal*** | ***Relevant activities & resources*** | ***Individualized action steps*** |
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