

Summer Behavior Institute Program



UConn

NEAG SCHOOL OF EDUCATION

Welcome to our third annual Summer Behavior Institute!

Northeast PBIS Network & the University of Connecticut Center for
Behavioral Education & Research (CBER)

July 29th – August 1st, 2019

Developed and Presented by:
Brandi Simonsen, Jennifer Freeman, Susannah Everett, & Adam Feinberg

Program at a Glance

	Day 1	Day 2	Day 3	Day 4
	Monday	Tuesday	Wednesday	Thursday
9:00-9:30	<ul style="list-style-type: none"> • Introductions • Overview 	<ul style="list-style-type: none"> • Review • Quiz 	<ul style="list-style-type: none"> • Review • Quiz 	<ul style="list-style-type: none"> • Review • Quiz
9:30-10:30	<ul style="list-style-type: none"> • Science of Behavior • Foundations of PBIS 	<ul style="list-style-type: none"> • Selecting, Defining, and Measuring Behavior 	<ul style="list-style-type: none"> • Strategies to Teach and Promote Generalization 	<ul style="list-style-type: none"> • Strategies to Increase Behavior
10:30-10:45	Break			
10:45-11:45	<ul style="list-style-type: none"> • Basic Principles of Behavior 	<ul style="list-style-type: none"> • (Re)designing Environments 	<ul style="list-style-type: none"> • Focus on Self-Management 	<ul style="list-style-type: none"> • Strategies to Decrease Behavior
11:45-12:00	<ul style="list-style-type: none"> • Review • Preview Afternoon 	<ul style="list-style-type: none"> • Review • Preview Afternoon 	<ul style="list-style-type: none"> • Review • Preview Afternoon 	<ul style="list-style-type: none"> • Review • Preview Afternoon
12:00-1:00	Lunch			
1:00-2:15	<ul style="list-style-type: none"> • Foundational Elements Practice 	<ul style="list-style-type: none"> • Data-Based Decision Making 	<ul style="list-style-type: none"> • Designing effective professional development across Tiers of Support 	<ul style="list-style-type: none"> • Applying self-management strategies to staff support.
2:15-2:30	Break			
2:30-3:30	<ul style="list-style-type: none"> • Applying ABCs to Adult (Staff) Behavior 	<ul style="list-style-type: none"> • Measuring staff behavior in schools 	<ul style="list-style-type: none"> • Generalizing behavior principles in PBIS 	<ul style="list-style-type: none"> • Staff incentive strategies
3:30-4:00	<ul style="list-style-type: none"> • Review • Wrap-up 	<ul style="list-style-type: none"> • Review • Wrap-up 	<ul style="list-style-type: none"> • Review • Wrap-up 	<ul style="list-style-type: none"> • Review • Wrap-up
Homework	<ul style="list-style-type: none"> • Preview all supplemental readings • Begin reading <i>Power of Habit</i> (Duhigg) and applying behavioral terminology to the content and examples 	<ul style="list-style-type: none"> • Continue reading <i>Power of Habit</i> (Duhigg) and applying behavioral terminology to the content and examples 	<ul style="list-style-type: none"> • Refine your staff support plans applying behavioral principles to systems of school support. 	Safe Travels!

Program Details

Location:

University of Connecticut, Gentry Building, Room 144

Food:

Breakfast will be continental and provided prior to the start of our session each morning. Lunch (meal cards for use at the UConn Student Union) will be provided on Monday, Tuesday, Wednesday, and Thursday. Dinner will be on your own with the exception of Monday, July 29th when we will have a 6:00pm dinner at [Dog Lane Café in Storrs Center \(1 Dog Lane, Storrs, CT\)](#).

Program Materials:

All program materials with the exception of books (provided) will be available on neswpbs.org.

Duhigg, C. (2016). *Smarter faster better: The secrets of being productive*. Random House.

Duhigg, C. (2012). *The power of habit: Why we do what we do in life and business* (Vol. 34, No. 10). Random House.

Skinner, B. F. (1953). *Science and human behavior*. Simon and Schuster.

Things to do in Storrs, CT:

For things to do in and around Storrs, CT. Please see this list [here](#).

Program Overview

The Summer Behavior Institute (SBI) offers participants an advanced study of the theory, principles, and practices of behavior theory. The SBI targets PBIS Coaches and Trainers, including future trainers and coaches, and. A major objective of the institute is to provide behavioral theory and knowledge for those working with schools supporting PBIS efforts. Strong trainers have a solid foundation in both the principles of behavioral theory grounded in Applied Behavior Analysis (ABA) as well as how it applies to PBIS in school and community settings.

Behavior Institute participants will be exposed to methods for measuring and analyzing behavior, increasing and decreasing behaviors via antecedent and consequent manipulations, teaching new behaviors, promoting generalization, and implementing self-management procedures. Each of these features will be related to the practice of PBIS within school settings. Participants will benefit from this institute by not only increasing their knowledge in behavioral theory, but also strengthening their PBIS skills and practices with a greater foundation of behavioral theory these concepts are grounded in. The institute has been designed to help participants meet the following objectives: (1) Understand how behavioral principles can best support student behavior across tiers in all school settings, (2) learn the behavioral change principles that support staff in PBIS implementation, and (3) apply the basics of applied behavior analysis to address challenges to implementing the PBIS Framework in school and community settings.

The instructors will present course content through lectures, small group discussion, and practice activities. Participants are responsible for participating in these activities and providing the instructors with information that indicates an understanding and mastery of the content.

Program Schedule

Monday: July 29th

Morning: 9am to 12noon

Presenters

Brandi Simonsen
Jennifer Freeman

University of Connecticut

Content

Science of Behavior
Foundations of PBIS
Basic Principles of Behavior

Readings / Resources

BF Skinner: Chapters 1-5

Afternoon: 1pm to 4pm

Presenters

Adam Feinberg
Jennifer Freeman
Brandi Simonsen

University of Connecticut

Content

Foundational Elements Practice
Applying ABCs to Adult (Staff)
Behavior

Homework

Preview supplemental readings
Begin reading *Power of Habit*
(Duhigg) and applying behavioral
terminology to the content and
examples.

Tuesday: July 30th

Morning: 9am to 12noon

Presenters

Brandi Simonsen
Jennifer Freeman

University of Connecticut

Content

Selecting, Defining, and Measuring
Behavior
(Re)designing Environments

Readings / Resources

BF Skinner: Chapters: 6-9

Afternoon: 1pm to 4pm

Presenters

Adam Feinberg
Brandi Simonsen
Jennifer Freeman

University of Connecticut

Content

Data-Based Decision Making
Measuring Staff Behavior in Schools

Homework

Continue reading *Power of Habit*
(Duhigg) and applying behavioral
terminology to the context and
examples

Program Schedule

Wednesday: July 31st

Morning: 9am to 12noon

Presenters

Brandi Simonsen
Jennifer Freeman
University of Connecticut

Content

Strategies to Teach and Promote
Generalization
Focus on Self-Management

Readings / Resources

BF Skinner: Chapters 15-18

Afternoon: 1pm to 4pm

Presenters

Adam Feinberg
Brandi Simonsen
Jennifer Freeman
University of Connecticut

Content

Designing Effective Professional
Development Strategies across Tiers
of Support
Generalizing Behavior Principles in
PBIS

Homework

Refine your Staff Support Plans
Applying Behavioral Principles to
Systems of School Support

Thursday: August 1st

Morning: 9am to 12noon

Presenters

Brandi Simonsen
Adam Feinberg
University of Connecticut

Content

Strategies to Increase Behavior
Strategies to Decrease Behavior

Readings / Resources

BF Skinner: Chapters: 11-14

Afternoon: 1pm to 4pm

Presenters

Adam Feinberg
Brandi Simonsen
Jennifer Freeman
University of Connecticut

Content

Staff Incentive Strategies

Homework

Continue reading *Power of Habit*
and *Smarter, Faster, Better*
(Duhigg) and applying behavioral
terminology to the context and
examples